## THE TOY OF COOKING

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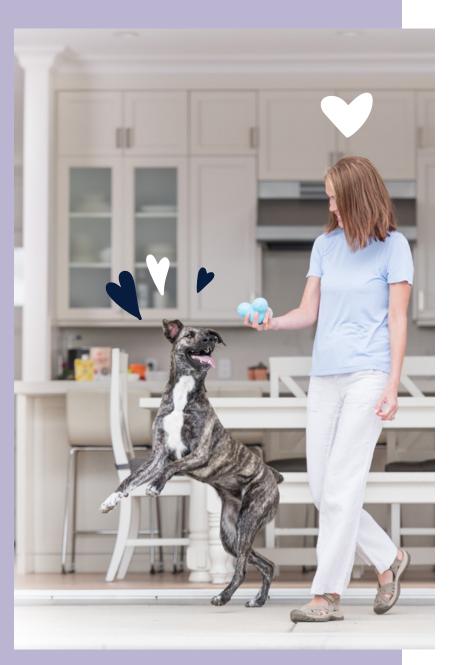
TREAT TOY RECIPES FOR EVERY SEASON

# FOOD Contraction of the second second

For dogs, food is love. And love? Is everywhere. A missed morsel under the cabinets. A few chomps of grass to go. Anything you're eating? They'd like a bite, too.

Adventurous palates and insatiable appetites—the world is a dog's table. And humans? We're their five-star chefs—or we want to be. Some of you asked for recipes, some of you whipped up creative creations and inspired this cookbook, and all of you relish feeding your fuzzbuddies. Not just because scrumptious treat toys keep doggy brains sharp, but because... well, food is love.

Present one of these concoctions, and you'll see it all over their floofy faces and thumping tails. Are treat toy amuse-bouche a tiny bit silly? Of course! They're made for the silly furbeasts we love most. The ones who taught us that saying "I love you" has always been a bit of a goofy proposition. Now, it's an extra tasty one, too.



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SPRING RECIPES BY JOANIE, MAYA, SUMMIT, & ESSA

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# **SPRING**

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Maybe your pooch tiptoes around the rain puddles, maybe they roll around joyously in the mud, but for dogs everywhere, springtime means new flowers to sniff, longer days to play outside, and fresh flavors to savor and snarf.

> Joanie hails from northern Quebec, where she works as a nurse and lives with her two human boys and three dog-recipe-taste-testers—a senior boston terrier who morphs into a puppy when it's walkie time, a dashing border collie who loves dirt, and an Alaskan mix who loves to be mommy's furry shadow.

@the\_little\_dog\_crew

## **KISS ME I'M ARF-ISH**

This light, bright, minty kiss of a treat bursts with breath-freshening flavors from the herb garden to sweeten up St. Patrick's Day smooches (whether you're Irish, Arf-ish, or something else). Sometimes, it's easy being green.

#### **INGREDIENTS & MATERIALS**

- 3 4 sprigs of fresh parsley (finely chopped)
- 2 3 basil leaves (finely chopped)
- 2 3 mint leaves (finely chopped)
- 4 Tbsp Plain Yogurt
- 1 Tbsp Coconut Oil
- 1/2 C raw dog food or meat blend
- 3 4 dehydrated pears (sugar-free)
- Silicone ice cube mold
- Large or small Toppl<sup>®</sup>

#### DIRECTIONS

- Harvest your herb garden (or raid your fridge for leftover snips like we did.)
- 2. Mix 4 tablespoons of plain yogurt with 1 tablespoon of coconut oil in a small bowl.
- 3. Fill molds with yogurt-coconut mixture and put in the freezer for about 30 minutes.
- 4. Fill the Toppl with raw meat blend, then add the frozen molds.
- 5. Top with slices of dehydrated pears.
- 6. Serve with a Guinness (for you, obvs.)
- O Tag us @WestPawUS.









Fresh parsley is packed with Vitamin A, Vitamin C, folic acid, and antioxidants—plus it can calm itchiness and freshen up those chompers.



## **EASTER BUNNY BASKET**

Would dogs eat the Easter Bunny? Of course not. Instead, we swapped in cage-free non-Easter rabbits and eggs from quails (not holiday hares) in this meaty treaty dog dream of an Easter basket.

#### **INGREDIENTS & MATERIALS**

- 2 Quail eggs\* or one hard-boiled chicken egg
- 2 small carrots
- 1 rabbit ear
- 1/4 C frozen rabbit patties
- 1/4 C pumpkin puree
- Large or small Tux<sup>®</sup>

#### DIRECTIONS

- 1. Place the eggs in Tux and fill the rest with rabbit meat.
- 2. Add the rabbit ears, pumpkin puree and carrots.
- 3. Put in the freezer for an hour or two, and serve for Easter brunch.
- O Tag us @WestPawUS.

Quail eggs can often be found in the frozen pet food section at your local pet store. Raw or cooked works; however you or your pet prefer! If you don't have quail eggs, part of a hard-boiled chicken egg will do just fine.



Tux is made for the toughest chewers—so when this Easter Bunny Basket is fully devoured, there's still something safe to grind on. That's good, because chewing can relieve boredom, neutralize anxiety, and keep jaws strong.





WELLNESS WOOF!

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> REELEST-DRIED DOG TRIED No Aminicial Francis OF PRESENTATION

## **ROLL-IN-THE-GRASS RUMBL**

Springtime's purest doggy joy is when there's finally a fresh bed of green grass to roll around in. Rolling around this duck and apple-packed Rumbl scratches the same itch: it's easy, rolly, and quick, for a shot of impromptu joy.

#### **INGREDIENTS & MATERIALS**

- 1/4 C Freeze-Dried Raw Duck with Superfood Treats from West Paw
- 4-5 dehydrated and sugar-free apples or pears
- Large or small Rumbl<sup>®</sup>

#### DIRECTIONS

- 1. Stick the treats in the Rumbl.
- 2. Serve it on up!

We made this cookbook because we couldn't resist our customers' cute culinary creations, posted up on Instagram just for fun. Got a new dog dish we need to try? Tag us **@WestPawUS**.







Duck with Superfood Treats are made from humanely raised, sustainable and cage-free duck organ meat from Maple Leaf Farms and farm-fresh fruits and veggies from the Northwestern US. Ideal for chicken-sensitive pets.



## **APRIL FUELS**

Dogs don't understand jokes, but they DO understand the nuanced palette-pleasing tang of Greek yogurt dancing with fresh green mussels and accentuated with Pork with Superfood treats. They're cultured like that. (And so's the yogurt, yuk yuk.)

#### **INGREDIENTS & MATERIALS**

- 2-3 Fresh green mussels or freeze dried from Honest Kitchen or K9 Naturals
- 1/3 C Plain Greek Yogurt
- 1/4 C Freeze-dried raw Pork with Superfood Treats from West Paw
- 3/4 C Raw meat blend for dogs
- 1/2 C for small Toppl
- Silicon mold or favorite cookie cutters
- Large or small Toppl<sup>®</sup>

#### DIRECTIONS

- 1. Blend yogurt with green mussels and place the mixture in molds.
- 2. Place treats on top of the molds.
- 3. Freeze molds.
- 4. While you're waiting for the molds to freeze, pack your Toppl full of raw meat blend for dogs.
- 5. Place the frozen shell-fishy treat treat in the Toppl and serve to a delighted doggo.
- O Tag us @WestPawUS.





For poultry-sensitive dogs, there's Pork with Superfood treats—crafted from humanely raised pork, rich in fiber and beta carotene, and freeze-dried to preserve all the whole-food nutrition.







SUMMER RECIPES BY JESSICA, LOLA, & FOREST

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# SUMMER

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The dog days of summer: green grass, sprinkler chomps, big shady naps, and maybe even a roadtrip. These snacks cover all the bases, from keeping pups cool on hot days to tempting their tastebuds after the sun goes down.

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As a wildlife biologist, Jessica's expertise in animal behavior led her down a delicious path—of crafting edible enrichment art for enthusiastic taste-testers Lola (an American Foxhound) and Forest (a Black and Tan Coonhound). The kitchen crew lives in Canada with Jessica's husband (who won't taste the treats but can be coerced into a two-month camping trip.)

itforestsit

## **CANADIAN BACON CAMPFIRE CUP**

Is that a tiny campfire in a cup?! It is indeed, and it practically crackles with smoky bacon logs, toasty sweet potato and carrot flames, and crunchy kibble embers. Serve this one under the stars. (Or in the living room at lunch, dogs will still be stoked.)

#### **INGREDIENTS & MATERIALS**

- 2-5 pieces of Crumps Natural Sweet Potato Chews (these are sliced, dehydrated pieces of sweet potato with a leathery texture for chewing)
- 2-3 slices of Carrot
- 1 Canadian Bacon Treats from Farm Fresh Pet Foods
- 1 Small cookie treat
- 1/2 C Kibble
- 1 tsp Peanut Butter and Banana Creamy Treat from West Paw\*
- 1/4 C Grass-Fed Beef Gently Cooked Recipe from Open Farm
- Large or small Toppl<sup>®</sup>

\*Look for natural brands without xylitol, which is toxic to dogs.

#### DIRECTIONS

- 1. First, fill the side hole in the Toppl<sup>®</sup> with peanut butter and your choice of small cookie treat. Freeze to seal.
- 2. Remove Toppl from the freezer and fill halfway with kibble. (If you feed raw, swap in dehydrated treats instead.)
- 3. Fill up the rest of the Toppl to the rim with wet or raw food.
- 4. Let's get this fire started! Arrange the sweet potato chews on top to look like flames, pushing them into the wet food for stability.
- 5. Cut the carrots into small triangles. Arrange them in front of each piece of sweet potato.
- 6. Place kibble around the edge of the Toppl to mimic embers.
- 7. Cut the smoky bacon stick treats into 4 pieces, popping them in to look like logs poking up out of the flames.
- 8. Feed fresh or frozen, with s'mores for the chef.
- O Tag us @WestPawUS.





Toppl's our top pick for newbie puzzlers—and chefs! The wide-open end makes it easy for chefs to put food in AND for dogs to get it out, but it still slows taste-testers down just enough for a fun challenge.





## **RED, WHITE, & BLUEBERRY**

In our Declaration of Decadence, we hold these truths to be self-evident: that all dogs deserve this yummy summer number, and that it tastes just as good on regular days as holidays. Chill sweet fruit, tangy yogurt, and savory meat treats into one cool firecracker of a feast.

#### **INGREDIENTS & MATERIALS**

- 15 Freeze-Dried Raw Beef Heart Treats from West Paw
- 15 pieces of PureBites Freeze-Dried Cheddar Cheese
- 5 Tbsp Plain yogurt
- 3 Blueberries
- 1/2 Red bell pepper
- 1 slice of Dragonfruit or kiwi (without the skin)
- Star-shaped cookie cutter or ice cube mold
- Large or small Tux<sup>®</sup>

#### DIRECTIONS

- 1. Stuff Tux full of freeze-dried cheese and West Paw Beef Heart Freeze-Dried Raw Treat.
- 2. Use a spoon to cover the treats with yogurt.
- 3. Take 3 blueberries and place them in the yogurt (or 4, it's a free country).
- 4. Peel dragonfruit and cut a ½ inch slice. Use a star-shaped cookie cutter to cut out 1 star shape.
- Cut red bell pepper in half and remove seeds. Use the cookie cutter to cut out two stars. For a sweet substitute, you could blend up some strawberries and freeze in a star-shaped mold.
- 6. Arrange stars on top of the Tux. Push lightly into yogurt to keep them in place.
- 7. Serve frozen to cool off your pup and slow their snarf.
- O Tag us @WestPawUS.







#### WELLNESS WOOF!

Here's how to soothe firework anxiety: start by giving dogs a puzzle treat while playing a recording of fireworks softly in the background, months before firework season. Imperceptibly turn up the volume with every treat session. With time and patience, your dog might just associate fireworks with food fun—and be as chill as this treat.

#### CHEF'S BEST FRIEND

We made our bouncy, wobbly Rumbl to surprise dogs when treats sporadically come out, but really? Chefs win too, with Rumbl's easy-loading, slow-feeding, dishwasher-safe capabilities.

## **CHAR-CUTIE-RIE**

Who wants a charcuterie board when you can make a charcuterie flower? First off, edible flowers are adorable, but more importantly, Rumbl helps doggoes slow down and savor all the fancy flavors. And isn't that the point of an upscale spread like this?

#### **INGREDIENTS & MATERIALS**

- 1 Pouch of Peanut Butter and Banana Creamy Treat from West Paw
- 15 Freeze-Dried Beef Heart Treats from West Paw
- 15 Freeze-dried cheddar cheese
- 1/2 Orange bell pepper
- 8 Blueberries
- Large or small Rumbl<sup>®</sup>

#### DIRECTIONS

- 1. Plug the side hole in the Rumbl with a West Paw Beef Heart Freeze-Dried Treat.
- 2. Fill Rumbl with freeze-dried cheddar cheese and West Paw Beef Heart Freeze-Dried Treat. If your dog is dairy-free or on a diet, swap the cheese for kibble.
- 3. Cut orange bell pepper in half and remove seeds and stem. Using a small, sharp knife, cut out 7 petals.
- 4. Squeeze West Paw Peanut Butter and Banana Creamy Treat over the opening of the Rumbl.
- 5. Arrange the petals into a flower, lightly pressing them into the peanut butter to keep them in place.
- 6. Add a dab of Creamy Treat in the center of the flower.
- 7. Place blueberries in the center of the flower.
- 8. Present your banquet bouquet with a flourish.
- O Tag us @WestPawUS.











## **PIÑA COOKIE COLADA**

This one's for those blazing hot days that just smell like sunscreen—you know the ones. When you're hitting the beach, a boat, the back deck, or just keeping your fuzzbud cool under your desk, fix 'em this chilled concoction: the treat-toy equivalent of a fruity umbrella drink.

#### **INGREDIENTS & MATERIALS**

- 1 Pouch Peanut Butter and Banana Creamy Treat from West Paw
- 1 slice Pineapple
- 1 Mango
- 2 strips Canine Country Chews Duck jerky
- 3 Small Fruitables cookie treats
- 1/4 C Plain unsweetened yogurt
- Large or small Qwizl<sup>®</sup>

#### DIRECTIONS

- 1. Peel and core pineapple, then slice into thin strips.
- 2. Slice duck jerky into thin strips.
- 3. Stuff the pineapple and jerky into the ends of the Qwizl.
- 4. Peel mango and cut two small strips. Stuff into the slots in the Qwizl.
- 5. Squeeze West Paw Peanut Butter and Banana Creamy Treat into each end of the Qwizl. Keep the toy as level as possible to prevent drips.
- 6. Use a spoon to fill one of the slots in the Qwizl with yogurt. This will help keep the decorative cookies in place.
- 7. Arrange cookies across the yogurt.
- 8. You don't have to freeze it, but if you do, it can help cool down your pooch and keep them busy a bit longer.







HEALTHFUL HINT!

Peanut butter has gotten a bad rap because some brands are sweetened with xylitol, which is toxic to dogs. But, our Peanut Butter and Banana Creamy Dog Treat leverages all of the healthy benefits of peanuts (like potassium, vitamin C, and B6) in a completely safe, easy-dispense package.

# FALL

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Crisp blue skies, crunchy leaves—and all that crispy crunchiness is enough to make anybody hungry. Especially your fuzzbuddy. Then again, in a dog's world? It's always snack-o-clock.

> Chicagoland native turned Cheesehead local Megan is a full time dog mom (and office worker), part time dog walker, and amateur photographer—and of course, canine chef. Her Australian Cattle Dog Maggie happily test-drives all Megan's recipes, and her favorite treat toy is all of them (you know how Cattle Dogs love a puzzle!).

O @munching.maggie

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FALL RECIPES BY

**MEGAN AND MAGGIE** 

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## **MEAT LOVER'S PUMPKIN PIE**

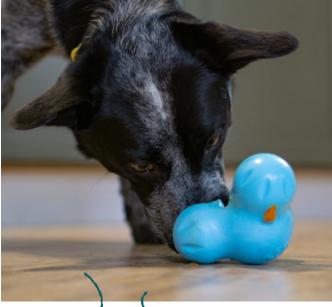
Nothing says "grateful" like pumpkin pie, but you know what dogs are thinking: "where's the beef?" Pair fall's classic dessert with a lively, liver-y beefy kick, and you've basically checked off a dog's whole gratitude journal.

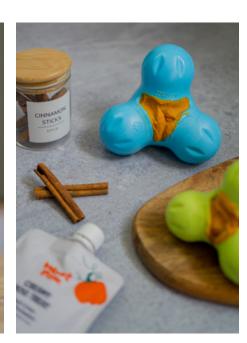
#### **INGREDIENTS & MATERIALS**

- 1/2 C 100% pure canned pumpkin
- 1/3 C Cream cheese (we used dairy-free cream cheese)
- 1/4 Tbsp Cinnamon
- Pinch of Ginger
  1 Tbsp Beef Liver and Pumpkin Creamy Treat from West Paw
- Large or small Tux<sup>®</sup>

#### DIRECTIONS

- 1. Schmear West Paw Beef Liver and Pumpkin Creamy Treat to the bottom of the Tux.
- 2. Mix canned pumpkin, cream cheese, cinnamon, and ginger together until combined.
- 3. Add a hearty helping into your Tux. Freeze (optional) and serve for dessert.
- O Tag us @WestPawUS.







Pumpkin packs prebiotic fiber. Healthy gut bacteria FEAST on prebiotics, and healthy bacteria mean healthy pets. Pumpkiny fiber helps clean the colon and lower its ph, creating just the right environment for healthy bacteria to thrive.

## **AFTER THANKSGIVING BISON BITE**

Thanksgiving's a dog's holiday: good cooking smells, extra pats from guests, and everybody's a pushover for puppy dog eyes. But what's even better? The next day, with all the low-effort leftovers. (Mmmm. Leftovers.) Throw them together, and it's Thanksgiving all over again for your pupperoo.

#### **INGREDIENTS & MATERIALS**

- 1/4 C Turkey (or any leftover poultry)
- 1/2 C Kibble
- 1/4 C Green beans
- 1/4 C Sweet Potato (cubed and roasted in the oven until lightly browned)
- 1 Tbsp Unsweetened dried cranberries
- 3 Air-Dried Bison Heart Treats from West Paw (broken into smaller pieces)
- Large or small Rumbl<sup>®</sup>

#### DIRECTIONS

- 1. Toss your pup's favorite kibble at the bottom of the Rumbl.
- 2. Pack that baby full of shredded poultry, green beans, sweet potato cubes, cranberries and West Paw Bison Treat (broken into small nibbles).
- 3. Serve, lazily (then get some leftovers for yourself).
- O Tag us @WestPawUS.





#### **NUTRITIONAL NOD**

Bison packs in more protein, iron, and B-12 than beef, pork, chicken, or salmon—all with lower calories, cholesterol, and fat. (Dogs just dig that big beast flavor.)



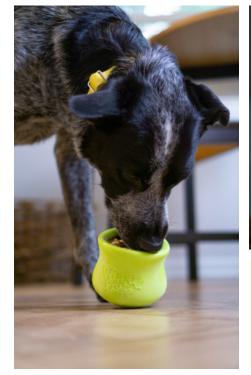


## HAUNTED HALL-OAT-WEEN

Trick or treat! This breakfasty bite is both, with a ghoulish ice-cube trick that will send delicious shivers down your dog's spine. Plus, the haunting swirl of fall spices and honey sweetness might just distract your furbaby long enough to wriggle on their costume...

#### **INGREDIENTS & MATERIALS**

- 1/3 C Oats (we used gluten-free)
- 2/3 C Water
- Drizzle of Organic honey
- A pinch of Cinnamon
- 1/2 Tbsp Unsweetened dried cranberries
- 1 tsp Pepitas (aka pumpkin seed)
- A pinch of Flax seed
- 1/2 C Non-Fat Greek Yogurt
- Ghost Ice Cube Mold
- Large or small Toppl<sup>®</sup>



#### DIRECTIONS

- 1. Cook oats according to instructions. Once fully cooked, mix in a drizzle of honey and a dash of cinnamon. Then, spoon into Toppl.
- 2. Top with unsweetened dried cranberries, pepitas, flax seed, and a few spirits from your spooky Halloween ice cube mold.
- 3. Freeze (optional) and serve with some good ghosty noises.
- O Tag us @WestPawUS.



#### WELLNESS WOOF!

Kick up the challenge by connecting a small and large Toppl together to keep your pupper entertained longer. After your dog has (finally!) devoured the goods, toss Toppl in the dishwasher.





## **CHICKEN NOODLESS SOUP**

Pop Qwizl: what's tastier than noodles, packs protein, and delivers all nine amino acids? Quinoa! And it shines in this twist on a classic fall soup. Skip the sloppiness of soup by turning it into a neat treat in the freezer—or take out the broth and poof! Grain salad.

#### **INGREDIENTS & MATERIALS**

- 1/4 C Chicken boiled
- 1 C Chicken bone broth
- 1/4 C Cooked Quinoa
- 2 Carrots (peeled and chopped)
- 2 Celery Stalks (chopped)
- Water bottle ice cube tray
- Large or small Qwizl<sup>®</sup>

#### DIRECTIONS

#### Speed prep

1. No ice cube tray? No problem. Add the shredded chicken and chopped veggies into the Qwizl on their own.

#### Freezer prep

- 1. Shred cooked chicken into small pieces and distribute across a narrow ice cube tray.
- 2. Add in a layer of cooked quinoa, chopped carrots and celery. (Meh on celery? Some dogs love peas instead.)
- 3. Fill each mold with bone broth until all ingredients are covered. Freeze for at least 1 hour.
- 4. Once frozen, release molds from the tray and add to the Qwizl.
- O Tag us @WestPawUS.





#### SENIOR MOMENT

Qwizl is a good pick for older dogs, because it doesn't roll around. Plus, they can grip it in their paws and solve the puzzle lying down—comfily, happily entertained.

WINTER RECIPES BY TAYLOR, BINDI, & ROSIE

Taylor hails from Ontario, Canada, where she and her partner Joe kick it with rescue dogs Bindi and Rosie. Bindi chomped her first Toppl® as a pup; Rosie glommed onto a Qwizl® early on, and Taylor has been crafting canine culinary surprises for her puzzlehungry pooches ever since.

@bindisbucketlist

"Bark!" the hairy angels sing. Because when it's a sloppy frozen windy mess outside, a solid treat toy session can burn as much energy as an hourlong walk in the park. Ah, winter. For dogs, it's the most magical time of the year.

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## WINTER WONDERLAND TUX

When the weather beyond the dog door gets too gnarly, bring a winter wonderland inside. A single quail egg surprise awaits in healthy Greek yogurt, and it's all merrily sprinkled with meaty treats and bright herbal and fruit flavors. It's wild out there—and in this inventive snackaroo, too.

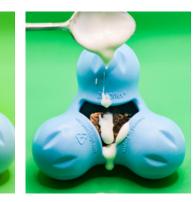
#### **INGREDIENTS & MATERIALS**

- Quail Egg\*
- 3 Freeze-Dried Raw Beef Heart Treats from West Paw. If they're too large for the opening, use scissors to cut the treat in half
- 2 large spoonfuls Plain Greek Yogurt
- 1 tsp Dog-Safe green ingredients of your choice (e.g. Broccoli, parsley, mint, green bean)
- 1 tsp Dog-Safe red ingredients (i.e. raspberries, apple, strawberry, cranberry)
- Large or small Tux<sup>®</sup>

#### DIRECTIONS

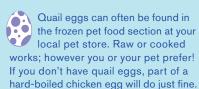
- 1. Place the quail egg or egg portion into the Tux first.
- 2. Next, add the West Paw treats.
- Using a spoon or squeeze bottle, fill the space with Plain Greek Yogurt. You want your West Paw Treats and egg to be fully covered.
- 4. If you'd like to serve frozen, place in the freezer for minimum 4 hours.
- Now for the decorating. Break up the red and green ingredients (I chose parsley and raspberry) to create festive colors. For extra dazzle, bust out fun holiday frozen molds to make snowflakes out of leftover Greek yogurt.
- 6. Serve and cozily enjoy.
- O Tag us @WestPawUS.





## NUTRITIONAL NOD

The American Grassfed® Certification guarantees our Beef Heart and Beef Liver treats come from healthy ranches. Grass-fed meat is lean, yet packed with good fats, antioxidants, vitamins, and minerals—and wag-worthy flavor.





## **CANINE CANDY CANE**

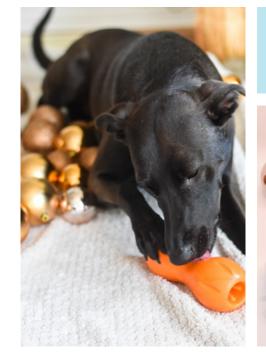
In 1670, a German choirmaster invented the first candy canes. Why? The "sugar sticks" shushed kiddos during church sermons. Keep your "kids" out of trouble in the sweetest way possible too—with healthy fruit, probiotic-rich yogurt, and no added sugar.

#### **INGREDIENTS & MATERIALS**

- Fresh Raspberries and/or strawberry (crushed). 3-4 raspberries per mold.
- Plain Greek Yogurt (1 Tbsp of plain greek yogurt per water bottle ice cube tray mold, depending on size)
- Water bottle ice cube tray
- Large or small Qwizl<sup>®</sup>

#### DIRECTIONS

- 1. Mash your fruit of choice and set aside.
- 2. Fill your water bottle ice cube tray first with mashed berries, using your fingers to create space an even space in between the berries. Use a dry paper towel to absorb any juice from the empty paces to ensure the red color won't bleed into the white yogurt later. Freeze.
- 3. Remove your tray from the freezer and begin filling the gaps with the plain greek yogurt this two-step method keeps the colors from running together. Place the tray back into the freezer for a minimum of 3 hours.
- 4. Remove from freezer and run the thin ice cube under tap water for a second to make it easier to slide into the Qwizl.
- 5. Place inside the Qwizl and serve—right before you get on that family Zoom.



#### CANINE BRAIN TIP

Qwizl encourages dogs to keep chewing on the problem because the "windows" let them see, smell, taste, and hold the reward without wolfing it down all at once. And that makes the eventual victory even sweeter.





## SANTA CLAWS' MILK & COOKIES

Christmas comes but once a year, but \*ahem\* your dog delivers joy every day. What about saying thanks with a canine midnight snack? Turn any dog's day into Christmas with this festive mini-feast. Why not? They're on the "nice" list—and this treat-toy distraction will keep them off the "naughty" one.

#### **INGREDIENTS & MATERIALS**

- Portion of your dog's meal (could be kibble\* or raw) I utilized approximately 2/3 C of raw food total
- 3 Tbsp Plain yogurt or Open Farm Kefir
- 2-3 Fresh Mint or Parsley leaves
- 3 Fresh or Dried cranberries
- 3-4 Tbsp Chopped Cooked Chicken or Turkey
- Sprinkle Cinnamon
- Dog Cookie of Choice
- Large or small Toppl<sup>®</sup>

If using kibble, we recommend using some onion-free bone broth to help freeze your creation together. We love Open Farm—they carry Beef, Turkey, and Chicken bone broth variations.

#### DIRECTIONS

- 1. Plug the side hole of your Toppl with wine cork.
- 2. Place a portion of your dog's meal inside the base of Toppl.
- 3. Add a bit of chopped chicken or turkey, and layer with sprinkle of your dog's meal on top.
- 4. If using kibble, add 1-2 spoons of bone broth onto the kibble, leaving about a small finger-width gap between the contents and the top lip of the Toppl—that's where the "icing" (aka yogurt or kefir) goes.
- 5. Freeze the Toppl for minimum 4 hours.
- 6. With a small spoon or squeeze bottle, slowly fill the remaining top of the Toppl with yogurt or Kefir.
- 7. Sprinkle one small pinch cinnamon into the center.
- 8. Once the Toppl is filled, place a cranberry with two mint leaves (or parsley sprigs) on top for safe mistletoe look.
- 9. Garnish with a dog cookie of choice into the side, resting on the lip.
- 10. If your dog has been EXTRA good, place a Qwizl "Canine Candy
- Cane" in the top, like a festive straw. 11. Place back into the freezer for minimum 4 hours.
- II. Place back into the freezer for minimum 4 hours.
- 12. Remove from freezer (and uncork the side hole!).







#### **HEALTHFUL HINT!**

Skip the onion to keep it dog-safe, and homemade bone broth turns into a collagen-packed canine superfood. Collagen can heal gut walls, nourish joints, and strengthen hair and nails.



## **NEW YEARS EVE CONFETTI**

When the ball drops in Times Square, it's magical—confetti fluttering everywhere. But you know what would be even more magical, according to dogs? Edible confetti. Make that midwinter dream happen, with this super-easy treat that doubles as your dog's own NYE confetti cannon—without the mess.

#### **INGREDIENTS & MATERIALS**

- 2 Freeze-Dried Raw Beef Heart Treats from West Paw
- · 2-3 Air-Dried Bison Heart Treats from West Paw
- Additional treats of choice of different shapes & sizes. I used 1 Tbsp of Wet Noses Inc, "Little Stars" and 2 dehydrated Beef Liver treats (cut into strips) from Murphy's Treats.
- Large or small Rumbl<sup>®</sup>

#### DIRECTIONS

- 1. Place the Rumbl upright and fill 'er up with various treats of different shapes, textures, and sizes.
- 2. Tip: Cut big treats in half. The fun part for dogs is coaxing the treats out, but it loses appeal if it's too hard.
- 3. Serve with a champagne toast to your dog (while keeping the Tattinger for the humans, of course.)
- O Tag us @WestPawUS.





#### **POOCH BOOST!**

Celebrate responsibly. It's easy when our air-drying process preserves all the good stuff in our Bison Treats—vitamins, minerals, protein, and flavor of regenerativelyraised, North American grass-fed, grain-finished bison.





FOR DOGS ON THE RUN

## **WEEK NIGHT DELIGHTS**

## PAWSOME AWESOME BREEZE

Makes 4 servings

#### INGREDIENTS

- 8 oz plain (non-sweetened) yogurt
- 1/2 C sugar-free apple sauce
- 1 tsp honey

**Bonus:** mix in some of the left over crumbs from your West Paw freeze dried treats bag for an added protein boost!

#### DIRECTIONS

- 1. Place yogurt and apple sauce in a bowl.
- 2. Whip until foamy.
- 3. Add honey and blend.
- 4. Pour into toy. Freeze for an extra challenge!

## CHICKEN LICK'N GOOD

Makes 2 servings

#### INGREDIENTS

- 1 cooked chicken breast (no skin, bone or seasoning)
- 1/2 C Low-Sodium chicken broth

#### DIRECTIONS

- 1. Cut up chicken into small pieces suited for the size of your dog.
- 2. Stuff chicken into a toy
- 3. Fill remaining space with chicken broth and freeze.

## TASTY PUMPKIN CHEESECAKE

Makes 5 servings

#### INGREDIENTS

- 1 15 oz can unsweetened pumpkin puree
- 5 Tbsp Cream Cheese
- 5 West Paw Beef Heart or Beef Liver Freeze-Dried Raw Treats

#### DIRECTIONS

- Mix pumpkin and cream cheese in a 3 to 1 ratio: 3 Tbsp pumpkin to 1 Tbsp cream cheese. Increase the quantity accordingly if your toy is larger.
- 2. Crumble dog biscuits and add to mixture.
- 3. Stuff toy. Freeze for an extra challenge!



This cookbook is 100% inspired by customers like you—dog parents who couldn't resist whipping up a cute snack for both their pup and Instagram. Let's see yours! Tag us **@WestPawUS**.