

# DYNAMIC FUNCTIONAL CAGE INDOOR SMART

DFC SMART è una proposta indoor pensate per l'allenamento cross functional. Possibilità di organizzare circuiti di allenamento mirati al miglioramento dell'agilità e della forza esplosiva e resistente. Tutte le strutture sono made in italy, modulabili e personalizzabili in base alle diverse esigenze di allenamento, spazio e investimento.

DFC SMART is an indoor proposal designed for cross - functional training to organize circuits aimed at improving agility as well as explosive and resistant strength. All structures are made in Italy, modular and customisable to meet any training need, request of space and investment.

FR. DFC SMART est une proposition indoor conçue pour un entraînement cross functional. Possibilité d'organiser circuits d'entraînement visant à améliorer l'agilité et la force explosive et résistante. Toutes les structures sont fabriquées en Italie, modulaires et personnalisables en fonction des différents besoins d'entraînement, d'espace et d'investissement.

ES. DFC SMART es una propuesta indoor pensada para el entrenamiento cross functional. Posibilidad de organizar circuitos de entrenamiento dirigidos a mejorar la agilidad y la fuerza explosiva y resistente. Todas las estructuras son made in italy, modulares y personalizables según las diferentes necesidades de entrenamiento, espacio e inversión.

DE. Es besteht die Möglichkeit, Trainingszirkel zu organisieren, die auf die Verbesserung der Beweglichkeit sowie der Explosiv- und Widerstandskraft abzielen. Alle Strukturen sind Made in Italy, modulierbar und anpassbar an unterschiedliche Trainingsbedürfnisse, Platz und Investierung.

RU. DFC SMART - это предложение в помещении, предназначенное для кросс-функциональной тренировки. Можно организовать тренировочные схемы, направленные на улучшение ловкости, взрывной и упругой силы. Все конструкции изготовлены в Италии, модульные и настраиваемые в соответствии с различными потребностями тренировок, пространством и инвестициями.

AR.  
عجم جل اصيصخ قهمصملا اتيكذل DFC لا قصنم  
لقتاج ايتح ا بس انشل اهل يدعت نكمي و اتيك اذلا قطانملا  
قبولطملا اءاسملا بسح و اضيا و اتيبيردتل  
و تفسسوركلل طامن عجم جل اصيصخ قهمصم  
قفاشورلا و اتييندبل او قفا ايللا اتيوتسم نيسحت  
ني فرتحملا اتيبيردتل اتيوتسملا ايل قفاضالاب  
قمو قمل او قوقلا ايل ع دمعت يتل  
١٠٠٪ ايل اطي اءانص تااينملا عجم  
قفاخال لقتي ازي و اءاسملا بسح اهل يدعت نكمي و  
تااينملا نم عونلا اذل



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# DFC GROUND

1DFC006



# DFC CLIMB

1DFC007



\* BARBELLS AND FUNCTIONAL ACCESSORIES NOT INCLUDED

## DIMENSIONS

W	325 cm	H	305 cm	Surface		6,7 sqm	Delivery	Disassembled
L	205 cm			Suggested workout surface		35 sqm	N. of users	6

## INCLUDED ELEMENTS

### MOBILE ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC75SX	SINGLE BARBELL HOOK SX	1
4GRDFC75DX	SINGLE BARBELL HOOK DX	1
4GRDFC76	SINGLE SAFETY STOP	2
4GRDFC74	DIPS	1

### FIXED ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC70	BASE COLUMN	4
7STDFC026V	SINGLE CROSSBAR	2
7STDFC039V	LINK WITH SHORT CROSSBAR L 1716	2
4GRDFC77	BALL TARGET	1
7STDFC028V	BATTLE ROPE HOOK MODULE	1
1BC100	POWER JOINT MODULE	1

\* BARBELLS AND FUNCTIONAL ACCESSORIES NOT INCLUDED

## DIMENSIONS

W	390 cm	H	400 cm	Surface		15 sqm	Delivery	Disassembled
L	385 cm			Suggested workout surface		40 sqm	N. of users	12

## INCLUDED ELEMENTS

### MOBILE ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC75SX	SINGLE BARBELL HOOK SX	2
4GRDFC75DX	SINGLE BARBELL HOOK DX	2
4GRDFC76	SINGLE SAFETY STOP	4
4GRDFC74	DIPS	1

### FIXED ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC70	BASE COLUMN	6
7STDFC026V	SINGLE CROSSBAR	2
7STDFC039V	LINK WITH SHORT CROSSBAR L 1716	4
4GRDFC77	BALL TARGET	1
4GRDFC71	CLIMBING COLUMN	2
4GRDFC72	CLIMBING CROSSBAR	1
4GRDFC73	LATERAL CLIMBING CROSSBAR	2
7STDFC028V	BATTLE ROPE HOOK MODULE	1
1BC100	POWER JOINT MODULE	1

# DFC TOWER

1DFC008

# DFC RACK WALL

1DFC009



\* BARBELLS AND FUNCTIONAL ACCESSORIES NOT INCLUDED

## DIMENSIONS

W	340 cm	H	400 cm	Surface		23 sqm	Delivery	Disassembled
L	680 cm			Suggested workout surface		50 sqm	N. of users	19

## INCLUDED ELEMENTS

### MOBILE ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC75SX	SINGLE BARBELL HOOK SX	2
4GRDFC75DX	SINGLE BARBELL HOOK DX	2
4GRDFC76	SINGLE SAFETY STOP	4
4GRDFC74	DIPS	2

### FIXED ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC70	BASE COLUMN	10
7STDFC026V	SINGLE CROSSBAR	4
7STDFC039V	LINK WITH SHORT CROSSBAR L 1716	5
4GRDFC77	BALL TARGET	2
7STDFC028V	BATTLE ROPE HOOK MODULE	1
1BC100	POWER JOINT MODULE	1
4GRDFC71	CLIMBING COLUMN	4
4GRDFC72	CLIMBING CROSSBAR	4

\* BARBELLS AND FUNCTIONAL ACCESSORIES NOT INCLUDED

## DIMENSIONS

W	175 cm	H	250 cm	Surface		2,3 sqm	Delivery	Disassembled
L	132 cm			Suggested workout surface		9 sqm	N. of users	3

## INCLUDED ELEMENTS

### MOBILE ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC75SX	SINGLE BARBELL HOOK SX	1
4GRDFC75DX	SINGLE BARBELL HOOK DX	1
4GRDFC76	SINGLE SAFETY STOP	2

### FIXED ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC70	BASE COLUMN	2
7STDFC026V	SINGLE CROSSBAR	3
4GRDFC12	WALL FIXING KIT	2

# DFC WALL CLIMB

1DFC010



## DFC INDOOR SMART / STRUCTURAL ELEMENTS

### 4GRDFC12

Wall fixing kit



#### DIMENSIONS

W 17 cm H 15 cm  
L 0,8 cm Wt 2 kg

### 4GRDFC70

Base column



#### DIMENSIONS

W 17 cm H 250 cm  
L 17 cm Wt 20 kg

### 4GRDFC71

Climbing column



#### DIMENSIONS

W 8 cm H 181 cm  
L 8 cm Wt 17 kg

### 4GRDFC72

Climbing crossbar



#### DIMENSIONS

W 8 cm H 17,5 cm  
L 171,5 cm Wt 12,5 kg

### 4GRDFC73

Lateral climbing crossbar



#### DIMENSIONS

W 8 cm H 30 cm  
L 101 cm Wt 9,5 kg

### 7STDFC026V

Single crossbar



#### DIMENSIONS

W 8 cm H 14 cm  
L 106,5 cm Wt 4 kg

### 7STDFC039V

Link with short crossbar l 1716



#### DIMENSIONS

W 14 cm H 8 cm  
L 171,6 cm Wt 5 kg

## DFC INDOOR SMART / MOBILE ELEMENTS

### 4GRDFC74

Dips



#### DIMENSIONS

W 65,5 cm H 23 cm  
L 85 cm Wt 14 kg

### 4GRDFC75DX

Single barbell hook dx



#### DIMENSIONS

W 8 cm H 21,5 cm  
L 18 cm Wt 2,3 kg

### 4GRDFC75SX

Single barbell hook sx



#### DIMENSIONS

W 8 cm H 21,5 cm  
L 18 cm Wt 2,3 kg

### 4GRDFC76

Single safety stop



#### DIMENSIONS

W 16,5 cm H 25,5 cm  
L 68,5 cm Wt 7,5 kg

\* BARBELLS AND FUNCTIONAL ACCESSORIES NOT INCLUDED

#### DIMENSIONS

W 217 cm H 400 cm Surface 10 sqm Delivery 10  
L 450 cm Suggested workout surface 22,5 sqm N. of users Disassembled 10

#### INCLUDED ELEMENTS

##### MOBILE ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC75SX	SINGLE BARBELL HOOK SX	1
4GRDFC75DX	SINGLE BARBELL HOOK DX	1
4GRDFC76	SINGLE SAFETY STOP	2
4GRDFC74	DIPS	1

##### FIXED ELEMENTS

CODE	DESCRIPTION	Q.TY
4GRDFC70	BASE COLUMN	4
7STDFC026V	SINGLE CROSSBAR	8
4GRDFC77	BALL TARGET	1
4GRDFC71	CLIMBING COLUMN	2
4GRDFC72	CLIMBING CROSSBAR	1
4GRDFC73	LATERAL CLIMBING CROSSBAR	2
7STDFC028V	BATTLE ROPE HOOK MODULE	1
1BC100	POWER JOINT MODULE	1
4GRDFC12	WALL FIXING KIT/WALL	6

## DFC INDOOR SMART / FIXED ELEMENTS

### 1BC100

Power joint module



#### DIMENSIONS

W 14 cm H 10,5 cm  
L 55 cm Wt 4,5 kg

### 7STDFC028V

Battle rope hook module



#### DIMENSIONS

W 16,5 cm H 109,5 cm  
L 30 cm Wt 1 kg

### 4GRDFC77

Ball target



#### DIMENSIONS

W 13,5 cm H 69 cm  
L 40 cm Wt 5,5 kg