

Boylo's Watersports Covid-19 SUP Lesson Guidelines

In accordance with Government guidelines, we can now teach Stand Up Paddle Boarding in groups of 5. Please read the following guidelines and sign at the bottom to agree to these terms.

It is very important we follow these guidelines to keep yourself, and us, safe during this time. Please listen to your instructor, anyone seen to be ignoring these rules will be asked to leave.

- Please arrive at your lesson meeting point (to the left of our doorway, by the SUP window sign) no earlier than 15 minutes before your lesson.
- Please do not enter the shop but remain outside and observe social distancing.
- Arrive wearing your own wetsuit / clothes you don't mind getting wet – we have no wetsuits to hire or changing facilities available.
- Lessons will be limited to a strict 5:1 ratio (5 students to 1 instructor). Larger group bookings are not available at this time.
- All bookings for lessons must be made prior to the start of the lesson either in store, online, or over the phone.
- Please do not bring friends or family to the meeting point – we will launch off the beach so they are welcome to watch from a safe distance on the beach.
- Do NOT attend your lesson if you or anyone in your household are experiencing symptoms of Covid-19.
- Do NOT attend if any of your household are at an increased risk of severe illness from Covid-19 (aged 70+, pregnant, or under 70 with underlying health conditions outlined by the NHS).
- When on your lesson please remain at least 2meters apart from other students and your instructor.
- You need a basic level of fitness and to be able to swim to participate in this lesson. You will need to be able to get back on your board yourself if you fall off, or be able to swim to the shallows unaided.
- Do not exchange equipment with anyone else on your lesson. This includes paddles, boards, buoyancy aids etc.
- All equipment will be disinfected before and after your lesson.
- We will have hand sanitiser available – please use this before the start of your lesson.
- Please wear suncream and make sure you are fully hydrated before the lesson.
- During this time we cannot teach anyone under the age of 12 years.

Cancellation Policy:

Participants must give 48 hours notice minimum before cancelling a lesson or will still be charged.

I agree to the terms above and will follow the guidance stated and told to me by my instructor.

Print Name.....

Signature.....