



Sizing Guide

This sizing guide is to help you pick the right size for your clothing.

For further questions don't hesitate to contact us on intel@tactical-adventure.nl or by phone 0031 (0) 642771136.

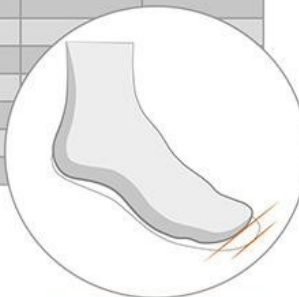
You can also always drop by in our showroom in Spijkenisse.

Address:

Tactical & Adventure STORE
Bohrweg 22
3208 KR Spijkenisse

ADULTS

Length of feet (mm)	LOWA RECOMMENDATIONS INCL. TOE EXTRA				
	UK sizes	EU sizes	US Men	US Women (normal)	US Women (injected soles)
219	2,5	35	3,5	4	4,5
223	3	36	4	4,5	5
227	3,5	36,5	4,5	5	5,5
231	4	37	5	5,5	6
236	4,5	37,5	5,5	6	6,5
240	5	38	6	6,5	7
244	5,5	39	6,5	7	7,5
249	6	39,5	7	7,5	8
252	6,5	40	7,5	8	8,5
257	7	41	8	8,5	9
261	7,5	41,5	8,5	9	9,5
265	8	42	9	9,5	10
269	8,5	42,5	9,5	10	10,5
273	9	43,5	10	10,5	11
278	9,5	44	10,5		
282	10	44,5	11		
286	10,5	45	11,5		
290	11	46	12		
295	11,5	46,5	12,5		
299	12	47	13		
303	12,5	48	13,5		
307	13	48,5	14		
311	13,5	49	14,5		
316	14	49,5	15		
320	14,5	50,5	15,5		
324	15	51	16		
328	15,5	51,5	16,5		
333	16	52	17		



LOWA TOE EXTRA
Adults 15 mm

LOWA recommends based on the foot length (mm) a toe extra of 15 mm for adults (12 mm for kids).
Due to individual foot shapes or preferences in fit this recommendation may vary.

CLAWGEAR

Take care to make all your measurements close-fitting. Dimensions are in cm, length of pants also in inch. Grey colored figures show your own body measurements.

How to find your measurements Chest circumference: Circumference of your chest at height of your nipples or on the widest part of your chest.

Sleeve length: With your arms in a slightly bent position, measure from shoulder joint along the length of your arm, to the wrist.

Waist circumference: Circumference of your waist 2cm below your navel. Inseam: Measure from your crotch to your ankle.

Sizing Chart

Take care to make all your measurements close-fitting. Dimensions are in cm, length of pants also in inch. Grey colored figures show your own body measurements.

How to find your measurements

Chest circumference: Circumference of your chest at height of your nipples or on the widest part of your chest.

Sleeve length: With your arms in a slightly bent position, measure from shoulder joint along the length of your arm, to the wrist.

Waist circumference: Circumference of your waist 2cm below your navel.

Inseam: Measure from your crotch to your ankle.

SIZE

- a** Chest circumference
- b** Sleeve length
- c** Waist circumference
- d** Inseam
- e** Head circumference
- f** Hand circumference

Headwear

SIZE	57 / M	59 / L	61 / XL
HEAD	56-57	58-59	60-61

Shirts/Jackets

SIZE	S		M		L		XL		2XL
SIZE	XS 44	S 46	M 48	M 50	L 52	L 54	XL 56	XL 58	2XL 60
CHEST	88	92	96	100	104	108	112	116	120
SLEEVE	61	62	63	64	65	66	67	68	69

Pants

US SIZE	29	30	32	33	34	36	38	40	42
CONFECTION	XS 44	S 46	M 48	M 50	L 52	L 54	XL 56	XL 58	2XL 60
WAIST	80	84	88	92	96	102	108	114	120

Some products by Clawgear may come in different lengths:

Regular: 81cm inseam / 32" jeans' length

Long: 86cm inseam / 34" jeans' length

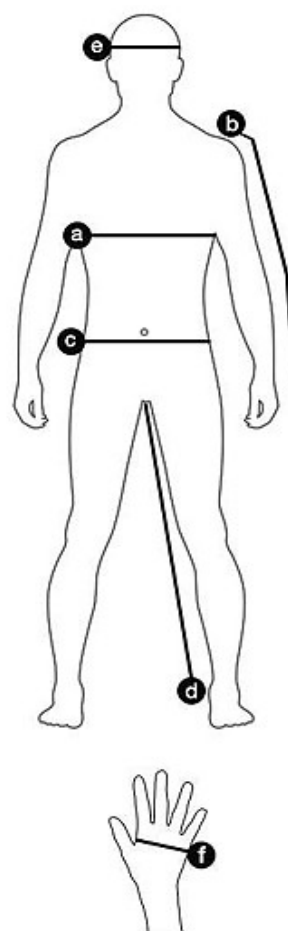
X-Long: 91cm inseam / 36" jeans' length

Gloves

SIZE	S	M	L	XL
HAND	19	21	23	25

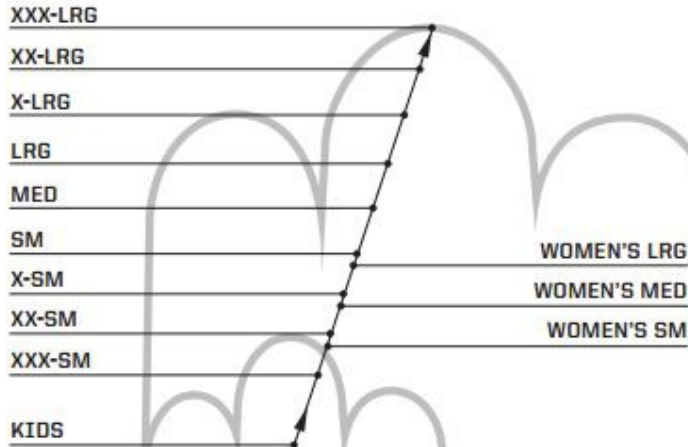
Belts

SIZE	S	M	L	XL
WAIST	80-88	88-96	96-104	104-112





GLOVE SIZING GUIDE

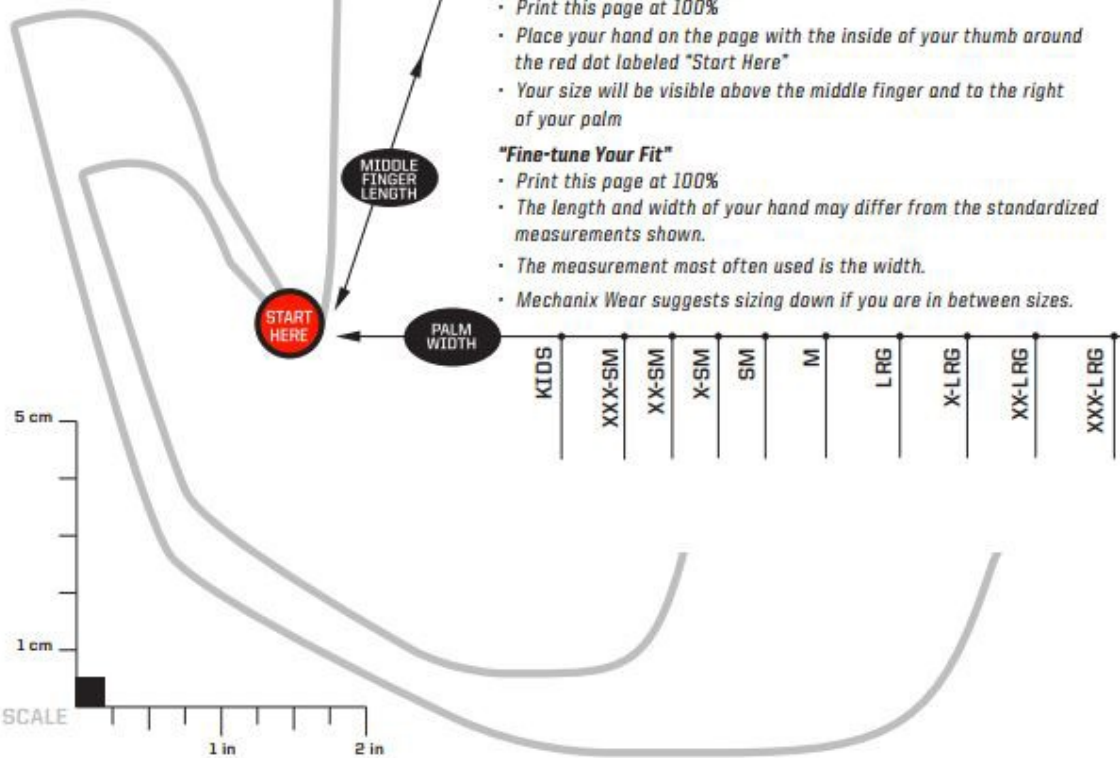


Use this Mechanix Sizing Guide to find your perfect glove size.

- Print this page at 100%
- Place your hand on the page with the inside of your thumb around the red dot labeled "Start Here"
- Your size will be visible above the middle finger and to the right of your palm

"Fine-tune Your Fit"

- Print this page at 100%
- The length and width of your hand may differ from the standardized measurements shown.
- The measurement most often used is the width.
- Mechanix Wear suggests sizing down if you are in between sizes.





SIZING INSTRUCTIONS We would like to ensure that the apparel you purchase really fits you – in order for them to perform their purpose properly.

Please invest a moment of your valuable time to check out the measurements guide and corresponding size table to avoid errors.

To take the right measure, please find the clothes that fit you well and measure it. Chest Button up the clothes and lay it on a flat surface. Measure from left edge to right edge just below the sleeves.

Stomach Button up the clothes and lay it on a flat surface. Measure from left edge to right edge at the waistline. Sleeve Length Wearing a shirt that you like, measure with an arm at your side, from the shoulder's seam all along the arm until you find the desired length.

We recommend that the sleeve should go to the base of your thumb (located at the wrist joint). Inseam Button up the pants. Lay the pants out on a flat surface.

Measure the inseam distance from crotch, where the front and back seams meet, to the bottom of the leg. Pants Length Button up the pants.

Lay the pants out on a flat surface with outseams at both edges.

Take care to pull any wrinkles and fullness from the back panel. Measure the distance from the top of the waistband to the bottom of the hem.

For skirts: Overall length Lay down flat the skirt that best matches your size with the side stitching facing upwards. Use your hand to flatten/straighten any wrinkles on the fabric.

Next measure the distance between the top edge point and the bottom edge point. To have the most accurate result you should measure this along the side stitching.

Waist circumference Lay down flat the skirt that best matches your size with the front zipper facing upwards. Use your hand to flatten/straighten any wrinkles on the fabric.

Measure the top part of the skirt (the waist line) starting from one sides edge point to the opposite side edge point. Next, double the result to get the waist circumference.

Hips circumference Lay down flat the skirt that best matches your size with the front zipper facing upwards. Use your hand to flatten/straighten any wrinkles on the fabric.

Next measure the distance between the opposite side points on the hip part (depending on the skirt cut, the hips should be about 11-14cm below the top edge of the skirt). Double the result to get the hips circumference. **TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM.**

UTP – URBAN TACTICAL PANTS

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL	XXXXL
Waist loose / stretched	-	78 / 86	83 / 91	88 / 96	93 / 101	98 / 106	103 / 111	108 / 116
Length regular / long / x-long	-	108 / 114 / 119	109 / 114 / 120	109 / 115 / 120	110 / 115 / 121	110 / 116 / 121	111 / 116 / 122	114,5 / 117 / 122
Inseam regular / long / x-long	-	81 / 86 / 91	81 / 86 / 91	81 / 86 / 91	81 / 86 / 91	81 / 86 / 91	81 / 86 / 91	81 / 86 / 91

SFU NEXT PANTS

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
1/2 waist	36	40	44	48	52	58	65
Length regular / long	106 / 111	108 / 113	108 / 113	109 / 114	112 / 117	112 / 117	112/-

OTP – OUTDOOR TACTICAL PANTS- VERSASTRETCH

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	S	M	L	XL	XXL	XXXL	XXXXL
Waist loose / stretched	80 / 88	85 / 93	90 / 98	95 / 103	100 / 108	105 / 113	108/116
Length regular / long / x-long	108,5 / 114/120	109 / 114,5/121	109,5 / 115/122,5	110 / 115,5/123	110,5 / 116/124	111 / 116,5/125	113/119/125
Inseam regular / long / x-long	81,3 / 86,4/91,5	81,3 / 86,4/91,5	81,3/ 86,4/92,5	81,3 / 86,4/92,5	81,3 / 86,4/93	81,3 / 86,4/93	83/87,5/93

CPU PANTS

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XXS	XS	S	M	L	XL	XXL	XXXL
Waist	70	72	80	88	96	104	112	116
Length short / regular / long	100 / 106 / -	102 / 108 / 112	- /108/113	- / 109 / 114	- / 110 / 115	- / 111 / 116	- / 112 / 117	- / 113 / -
Inseam short / regular / long	73 / 79 / -	74 / 79 / 82	- / 79 / 84	- / 79 / 84	- / 79 / 84	- / 79 / 84	- / 79 / 84	- / 79 / -

WOMENS UTP- URBAN TACTICAL PANTS

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

Size	28/32	29/32	30/32	31/32	32/32	33/32	34/32
Inseam	82	82	82	82	82	82	82
Waist	69-75	72-78	75-81	78-84	81-87	84-91	87-92
Hips	87	91	95	99	103	107	111

T-SHIRT

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

DIMENSIONS (CM)	XS	S	M	L	XL	XXL	XXXL
1/2 chest circumference	-	52	54	56	58	60	62
1/2 bottom circumference	-	52	54	56	58	60	62
Shoulder width	-	45,5	46,5	47,5	48,5	50	51,5
Sleeve length	-	20,5	21,5	22,5	23,5	24,5	25,5
Body length (back)	-	71	73	75	77	79	81

TACTICAL T-SHIRT TOPCOOL

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	S	M	L	XL	XXL	XXXL
1/2 chest circumference	50	52	54	56	58	60
1/2 bottom circumference	50	52	54	56	58	60
Shoulder width	41.5	43.5	45.5	47.5	49.5	51.5
Sleeve length	19.5	20	20.5	21.5	22	23
Body length (back)	70	72	74	76	78	80

UTL- POLO SHIRT TOPCOOL

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	S	M	L	XL	XXL	XXXL
Chest circumference	104	108	112	116	120	124
Sleeve length	25.5	26.5	27.5	28.5	39.5	30.5
Back length	74,5	76,5	78,5	80,5	82,5	83,5

COUGAR QSA + HID JACKET SOFTSHELL WINDBLOCKER

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL
Chest circumference	110	114	118	122	129	136
Sleeve length	62,5	64	65.5	67	68.5	69.5
Full length (back)	67	69	70	71	72	74

GUNFIGHTER JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	110	114	118	122	129	136	144
Sleeve length	61	64	65.5	67	68.5	69.5	70.5
Full length (back)	69	73	74	75	76	78	80

JACKAL QSA JACKET SHARK SKIN

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	110	116	122	128	134	142	150
Sleeve length	59	60.5	62	63.5	65	66.5	68
Full length (back)	65	67	69	71	74	76	78

TROOPER JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	108	114	118	122	128	134	140
Sleeve length	60.5	62	63.5	65	66.5	67.5	68.5
Full length (back)	69.5	73	74	75	76	78	79

HUSKY TACTICAL WINTER JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	120	124	131	134	138	144	148
Sleeve length	64	66	66.5	68	69	71	73
Full length (back)	75	76.5	77	79	80	83	86

LEVEL7 LIGHTWEIGHT WINTER JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	124	129	134	138	144	149	154
Sleeve length	64,5	65	66.5	68	69.5	71	72,5
Full length (back)	76	77.5	79	80.5	82	83.5	85

WOLFHOUND JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	107	113	119	125	131	137	143
Sleeve length	79	81,5	84	86.5	88.5	90.5	93
Back length	69	70.5	73	75.5	78	80.5	82

WINDRUNNER

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	108	114	120	132	136	142	-
Waist circumference	100	108	116	124	132	136	-
Sleeve length	76	77	79	83	85	87	-
Full length (back)	73	76	77	81	83	85	-

ALPHA TACTICAL JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	98	104	110	117	124	131	138
Sleeve length	75	77	79	81	83	85	86
Full length (back)	66	68	70	72	74	75.5	77

CLASSIC ARMY JACKET

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	108	114	120	126	132	138	144
Sleeve length	55	56	58	60	62	63	63
Full length (back)	68	71	74	77	80	83	86

CUMULUS JACKET HEAVY FLEECE

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	108	114	120	126	132	138	144
Sleeve length	80,5	82	83,5	85	86,5	88	89,5
Full length (back)	72	74	76	78	80	82	84

LIBERTY JACKET DOUBLE FLEECE

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	106	112	118	124	130	136	142
Sleeve length	59	60.5	62	63.5	65	66.5	67.5
Full length (back)	69	72	75	78	81	84	86

PATRIOT JACKET DOUBLE FLEECE

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	108	114	120	126	132	138	144
Sleeve length	60	61.5	63	64.5	66	67.5	69.5
Full length (back)	69	72	75	78	81	84	86

STRATUS JACKET HEAVY FLEECE

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

SIZE (CM)	XS	S	M	L	XL	XXL	XXXL
Chest circumference	110	116	122	128	134	140	146
Sleeve length (from the neck)	80	81,5	83	84,5	86	87,5	89
Zipper length	67	69	71	73	75	77	79
Front length	66,7	69	71,3	73,6	75,9	78,2	80,5

SOCKS

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

DIMENSIONS	M	L
Size	39-42	43-46
Hight from heel [loose][cm]	24	26
Length from heel to toes [loose][cm]	23	25

UNDERWEAR LVL 1

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

WYMIARY (CM)	XS	S	M	L	XL	XXL	XXXL
TOP	-	-	-	-	-	-	-
BACK LENGTH	69,5	71	72,5	75	77,5	80	82
CHEST 1/2	46	48,5	50,5	53	55,5	58	60,5
SLEEVE LENGTH	80	83	86	89	92	95	98
CUFF 1/2	10	10,5	11	11,5	12	12,5	13
BOTTOM	-	-	-	-	-	-	-
OUTSEAM LENGTH	106	108	109	110	111	112	113
WAIST 1/2	33,5	35,5	38	40,5	43	45,5	48
HIP 1/2	44,5	46,5	49	51,5	54	56,5	59
LEG OPENNING 1/2	10	10,5	11	11,5	12	12,5	13

UNDERWEAR LVL 2

TOLERANCE FOR THE DIMENSIONS GIVEN IN THE TABLE IS +/- 2 CM (APPLIES ONLY TO CLOTHING).

WYMIARY (CM)	XS	S	M	L	XL	XXL	XXXL
TOP	-	-	-	-	-	-	-
BACK LENGTH	70	72	74	76	78	80	82
CHEST 1/2	45	48	52	55	58	60	62
SLEEVE LENGTH	62	64	66	68	70	72	74
CUFF 1/2	11	11	12	12	13	13,5	14
BOTTOM	-	-	-	-	-	-	-
OUTSEAM LENGTH	96	99	102	105	108	111	114
WAIST 1/2	29,5	31	32,5	34	35,5	37	38,5
HIP 1/2	47	50	53	56	59	62	65
LEG OPENNING 1/2	14,5	15	15	16	16	17	18

COBRA COMPETITION BELT

SIZE	S	M	L	XL	XXL
Length [cm]	78-88	88-98	98-108	108-118	118-128
Length [in]	30,71-34,65	34,65-38,58	38,58-42,52	42,52-46,46	46,46-50,39

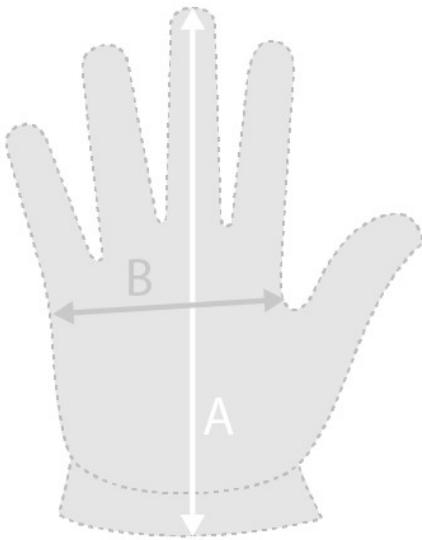
COBRA MODULAR RESCUE BELT

SIZE	M	L	XL
Length [cm]	81-90	89-106	95-110
Length [in]	32-35	35-42	37-43

DEFENDER SECURITY BELT

SIZE	S/M	L/XL	XXL
Length [cm]	100	120	130

GLOVES



SIZE (CM)	XS	S	M	L	XL	2XL
A	21	21,5	22	22,5	23	23,5
B	9	9,5	10	10,5	11	11,5

ALTAMA®

Altama Boots from Tactical Boot Store are designed to fit snugly and to provide solid support for ankles and feet. Finding the right fit is essential to get the most from your new pair of mil spec boots. Here are some key points you need to know when making your size determination:

[Altama tactical boots](#) feature true-to-size fit. If you wear a size 9 in regular street or running shoes, you should order tactical boots from Altama in size 9.

All other boots should be ordered one-half size smaller than your regular running shoes; for instance, if you normally wear a size 9, you should typically order Altama boots in size 8 1/2 for best fit.

Women can order men's boot sizes from Altama by subtracting one and one-half from their current shoe size. For example, if you usually wear a women's size 9, you should order men's boots in size 7 1/2 to ensure accurate fit.

Fit will vary depending on the presence of linings and the thickness of socks. Be sure to account for these factors when choosing your boot size.

Lace-up boots can provide added options for customizing your fit. By tightening or loosening the laces, you can often increase your overall level of comfort when wearing Altama Boots.

Proper fit is necessary to ensure that first responders can perform their duties effectively when lives are on the line.

USA/CA MEN'S	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	13	14	15	16
USA/CA WOMEN'S	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11									
UK	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	12	13	14	15
AUSTRALIA	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	12	13	14	15
EUROPE	34.5	35	36	37	37.5	38	38.5	39	40	41	41.5	42	42.5	43	43.5	44	45	46	47	48	49	50
MEXICO	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11.5	12.5	13.5	14.5
JAPAN	21.5	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	31	32	33	34



SIZE CHART

JACKETS, FLEECES AND TOPS

Size:	Medium	Large	XLarge	XXLarge
Inches:	40-42	42-44	44-46	46-48

Chest: Measure chest just under arms and across shoulder blades, holding the tape level (don't hold your breath). Be sure to cross over the shoulder blades and at the fullest part of your chest.

Take your actual body measurements as they are more accurate than measuring over your clothes. You should allow room for extra layers to be worn if required.



Sizing is in Inches.

Snugpak Sizing Chart

Snugpak Jackets		
Size	Chest	Sleeve
Small	32"-38"	31"
Medium	38"-42"	33"
Large	42"-46"	34"
X-Large	46"-50"	34"
XX_Large	50"-52"	35"
Snugpak Pants		
Size	Waist	Inseam
Small	30"-32"	30"
Medium	32"-34"	32"
Large	34"-36"	32"
X-Large	38"-40"	32"
XX_Large	42"-44"	33"