



(A) Start / Stop button stopwatch

• Crown at normal position



• Crown at 2nd position

• Crown at 1st position

(B) Split / Split release / Reset button stopwatch

SETTING THE TIME

- 1 First unlock the crown by turning it counterclockwise
- 2 Pull the crown out to the 2nd position
- 3 Turn the crown to set hour and minute hands
- 4 After the time has been set, crown must be screwed back down into the case to ensure water resistance

SETTING THE DATE

- 1 First unlock the crown by turning it counterclockwise
- 2 Pull the crown out to the 1st position
- 3 Turn the crown counterclockwise to set the date*
** If the date is set between the hours around 9:00 PM and 1:00 AM, the date may not change the following day*
- 4 After the data has been set, push the crown back, crown must be screwed back down into the case to ensure water resistance

USING THE CHRONOGRAPH

This chronograph is able to measure and display time in 1/1 second united up to maximum of 59min 59sec

Measuring time with the chronograph

- 1 The chronograph can be started and stopped each time button "A" is pressed
- 2 Pressing button "B" resets the chronograph and all hands return to their 0 positions

Reset (B) → Start time measurement (A) → Stop (A)

CHRONOGRAPH RESET (INCL. AFTER REPLACING BATTERY)

This procedure should be performed when the chronograph second hand do not return to the 0 second position after the chronograph has been reset, and including after the battery has been replaced

- 1 First unlock the crown by turning it counterclockwise
- 2 Pull the crown out to the 2nd position.
- 3 Press button "A" to set the chronograph second hand to the 0 position
- 4 The chronograph hands can be advanced rapidly by continuously pressing button "A"
- 5 Once the hands have been zeroed, reset the time and push the crown back, crown must be screwed back down into the case to ensure water resistance

** Do not return crown to normal position while chronograph second hand return to 12:00 (ZERO) position. Hand stops on the way when crown are returned to normal position and these positions are recognized as 12:00 (ZERO) position*

FITTING METHOD OF HANDS

Place the module on case back shown in the figure and position the reference hand, then fit the hands according to the following procedure

- 1 First unlock the crown by turning it counterclockwise
- 2 Pull out the crown to the time setting position.
- 3 Turn the crown to the left, and stop it just after the date changes. After the date starts changing, Turn the crown slowly
- 4 Push in the crown by one step, taking care not to turn it.
- 5 Fit the reference hand, hour hand and minute hand to the 12-o'clock position
- 6 Push the crown back, crown must be screwed back down into the case to ensure water resistance

When fitting the hands, remove the case back and place the movement on work stand. These specifications might be changed without prior notice