

TCORX
FITNESS IN MOTION

INSTRUCTION



TRX WALKER EVO



Rev : 00

Ed : 03/17



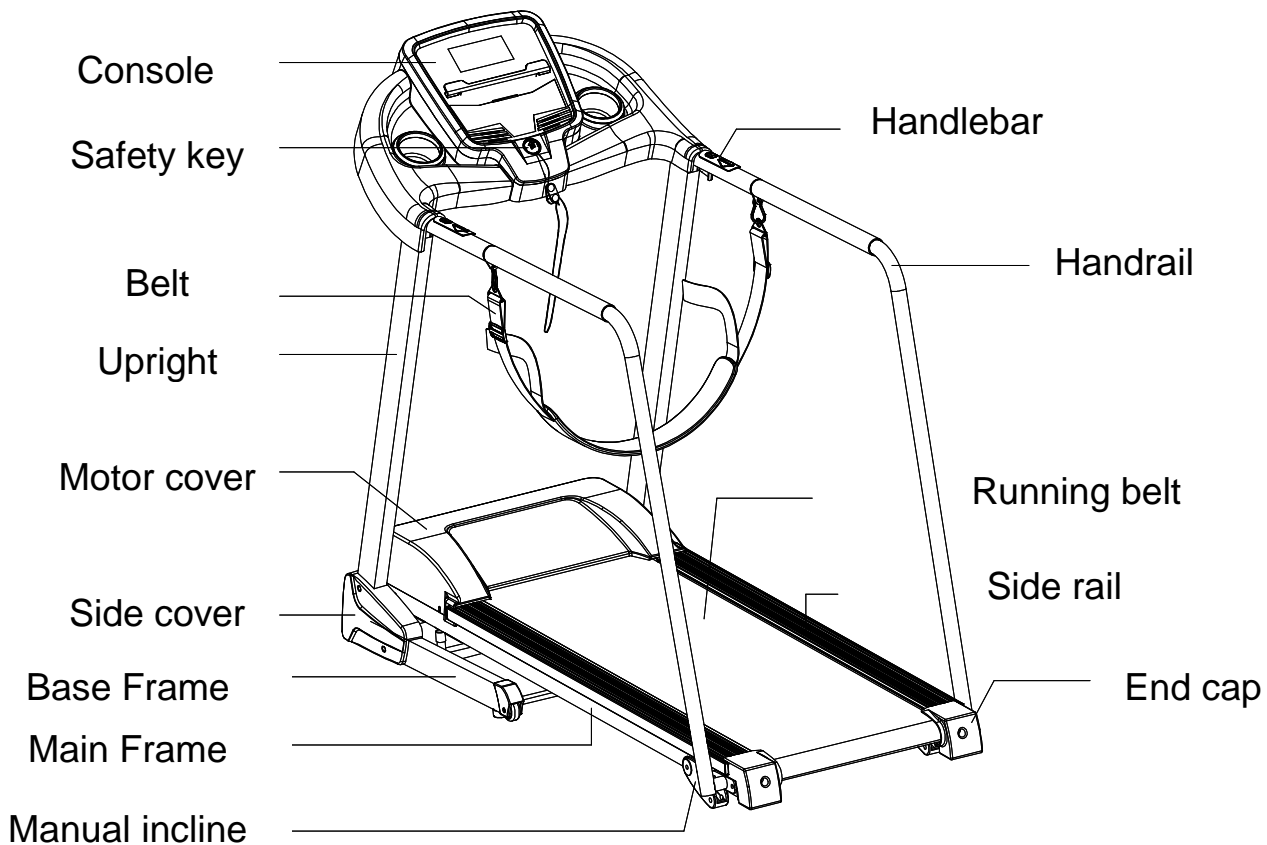
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The main technical parameters

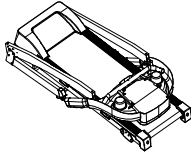
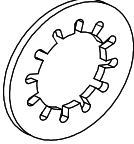
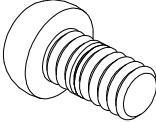

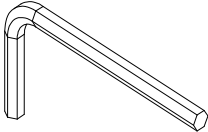

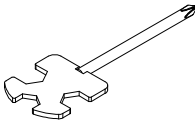
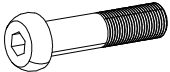
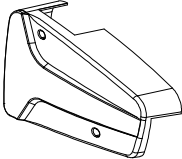
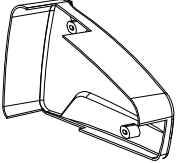
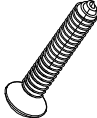
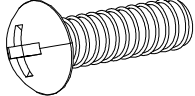

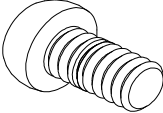
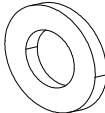
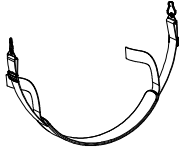


Input supply voltage : 220V	Working temperature: 0-40 °C
Speed range: 0.4-8KM/ H	Incline range:15 level Motor incline
Max. user weight: 100kg	Distance display range: 0.00-99.9km
Calories display range: 000-999	Time display range: 00: 00-99: 59 (min : sec)
Heart rate range: 50-200 (time / min)	Running surface: 420X1250mm
Product size: 1630*710*1310mm	

Product Overview



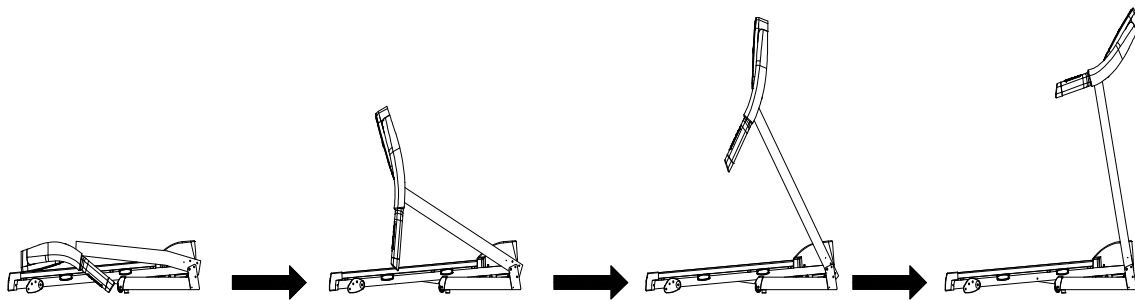
ASSEMBLY INSTRUCTIONS

WHEN YOU OPEN THE CARTON, YOU WILL FIND THE BELOW SPARE PARTS:

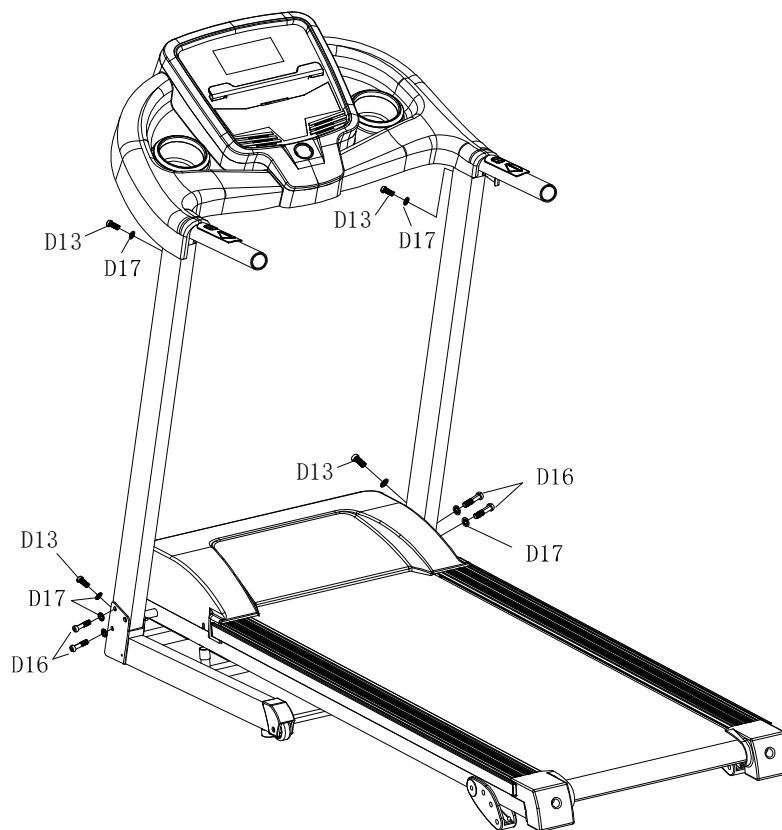
<p>Main frame 1 set</p> 	<p>D17 Washer M8 8pcs</p> 	<p>D13 Round hex bolt M8*15 4pcs</p> 	<p>C13 Safety key 1pc</p> 
<p>D3 Allen wrench 5mm 1pc</p> 	<p>B18 Silicon oil 1 pc</p> 	<p>D1 Screw driver 1 pc</p> 	<p>D16 Round head hex bolt M8*45 4 pcs</p> 
<p>B11L Left side cover 1 pc</p> 	<p>B11R Right side cover 1 pc</p> 	<p>D48 Cross self-tapping bolt ST4.2*19 4 pcs</p> 	<p>D81 Cross bolt M6*16 2 pcs</p> 
<p>A29 Belt safety hook 2 pcs</p> 	<p>D31 Hex round head bolt M8*20 4 pcs</p> 	<p>D23 Flat washer M8 4 pcs</p> 	<p>B84 Belt 1 pc</p> 
<p>A30 Left handrail 1 pc</p> 	<p>A31 Right Handrail 1 pc</p> 		

STEP 1 : According to the following steps to lift up the computer bracket.

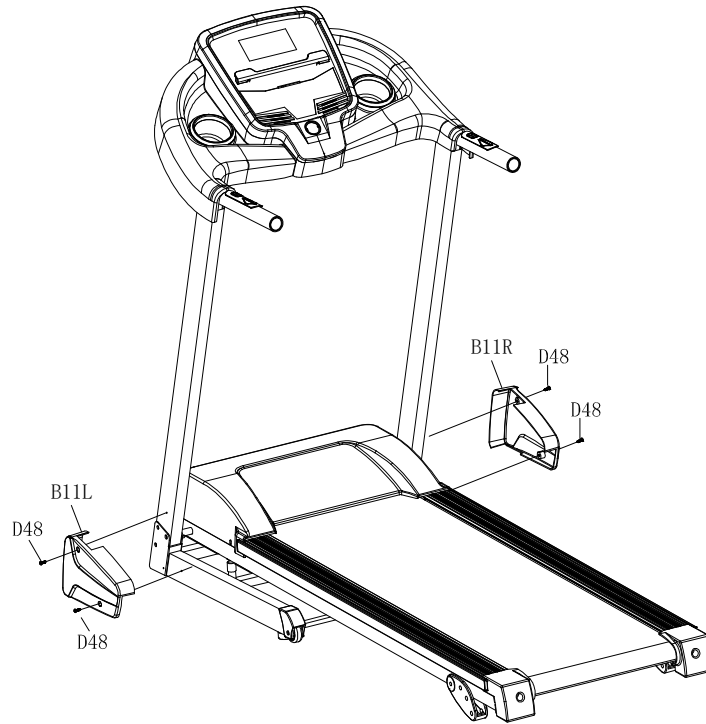
Be careful not press the line when folding.



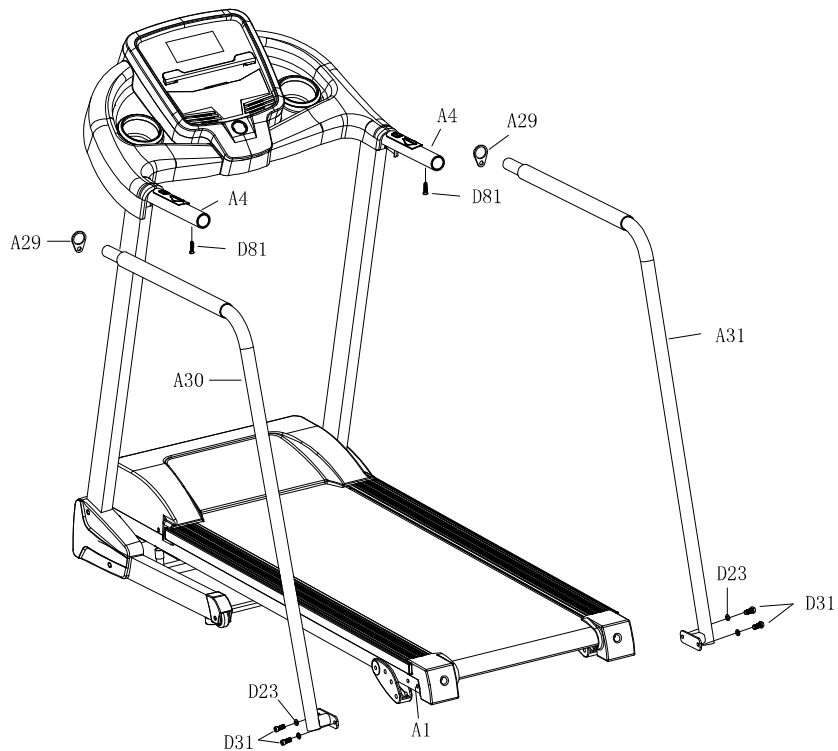
STEP 2 : Secure bottom frame with Round head hex bolt M8*45 (D16), Round head hex bolt M8*15(D13) , and the Inner washer M8 (D17). Then secure console frame with Round head hex bolt M8*15(D13) and Inner washer M8 (D17).



STEP 3 : Lock the L/R Side cover (B11L/R) with Cross self-tapping bolt ST4.2*19

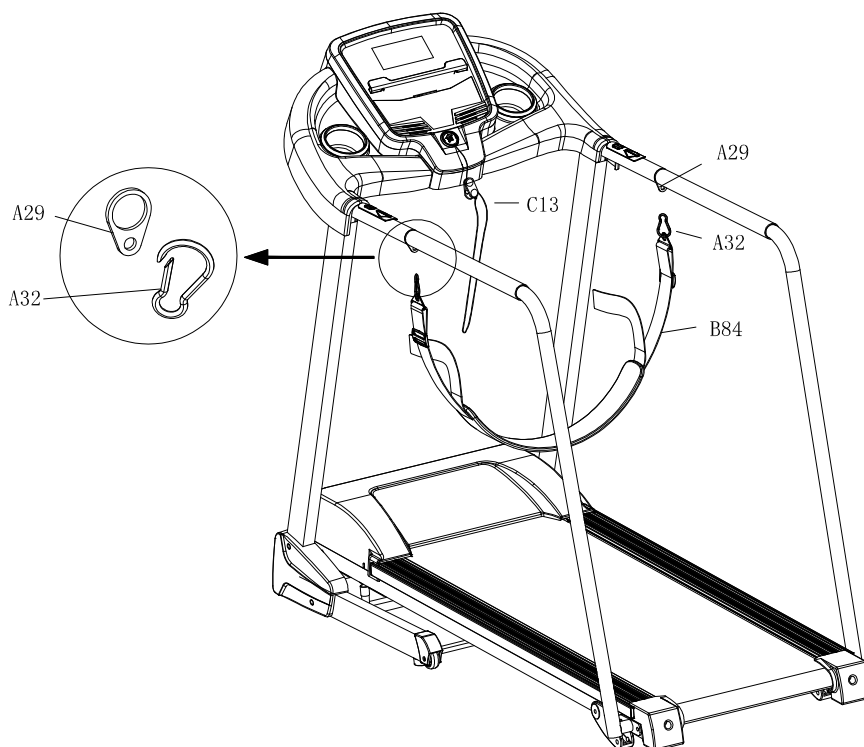


STEP 4: Take off the Handrail plug (B4). Put Belt safety hook (A29) into Left / Right Handrail (A30/A31). Install the Left / Right Handrail (A30/A31) to Handrail bracket (A4) with Cross bolt M6*16 (D81). Then, tight the Left / Right Handrail (A30/A31) to Main frame (A1) by using Hex round head bolt M8*20 (D31) and Flat washer M8 (D23).



STEP 5:

Lock the Safety buckle (A32) with safety hook (A29) and hang up the Belt (B84). Then put on the safety key (C13)



Step 6:

To check if the running belt runs correctly, placing treadmill in folding position and tightening all the bolts. Then set speed under 3km/h and see if running belt runs without problem.

Grounding Methods

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, Please find a proper outlet installed by a qualified electrician.

. This product is for use on a nominal 220~240V circuit and has a grounding plug . Make that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

Operation Guide

1.1. WINDOW DISPLAY



1.2 START

Normal start after 5 seconds countdown

1.3 PROGRAM

3 countdown function, 12 pre-set programs, 1 body fat program

1.4 SAFETY LOCK FUNCTION

The window shows "---" when take away the safety lock and the treadmill will stop quickly with "didi" alarm noise. And put the safety lock on, the computer will display for 2 seconds and the date count down to "0"

1.5 BUTTON FUNCTION

1.5.1 START/STOP

"START"--When the treadmill is not running, press this button to start, speed is "0.4".

"STOP"--When the treadmill is running, press this button to stop, then set program default and then return to manual mode after stopped.

1.5.2 "PROGRAM" BUTTON

When the treadmill is not running, press this button can circle choose from manual mode to pre-set mode P1-P12 and body fat;

1.5.3 "MODE" BUTTON

When the treadmill is not running, press this button to choose countdown modes: "H-1", "H-2", "H-3".

"H-1" is the time countdown mode, and "H-2" is the distance countdown mode, "H-3" is the calorie countdown mode; press the "SPEED+/-" button to adjust the data.

After that, press the "START" button to start this treadmill

1.5.4 "SPEED +/-" "BUTTON

SPEED +/- --Adjust speed when treadmill start, the increment is 0.1km/time in kilometer. Press the button more than 2 seconds, and it will be up or down automatically.

1.5.5 SPEED QUICK BUTTON

Press the speed quick button 1km/h, 2km/h, 3km/h, 4km/h, 5km/h, 6km/h, 7km/h and 8km/h to adjust the speed directly when the treadmill is running.

1.6. DISPLAY FUNCTION

1.6.1 SPEED

Display running speed.

1.6.2 TIME

Display the running time or countdown time.

1.6.3 DISTANCE

Display the running total distance or distance countdown.

1.6.4 CALORIE

Display the calorie or calorie countdown

1.6.5 PULSE

Display pulse data.

1.6.6 ALL WINDOW DISPLAY DATA RANGE

TIME: 0:00 – 99.59(MIN)

DISTANCE: 0.00 – 99.9(KM)

CALORIES: 0.0 – 999 (C)

SPEED: 0.8-14.0(km/h)

PULSE: 50 – 200 (BPM)

1.7 PULSE FUNCTION

When the treadmill is running, hold the hand pulse about 5 seconds, it will display pulse data. The pulse data range is 50-200 times/ minute. It has heart-shaped graphics when testing pulse. This data is only for reference, can not be as medical data.

1.8 PROGRAM EXERCISE CHART

TIME INTERVAL MODE		SET TIME / 10 = EVERY GRADE TIME									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	3	3	6	5	5	4	4	4	4	3
P2	SPEED	3	3	4	4	5	5	5	6	6	4
P3	SPEED	2	4	6	8	7	8	6	2	3	2
P4	SPEED	3	3	5	6	7	6	5	4	3	3
P5	SPEED	3	6	6	6	8	7	7	5	5	4
P6	SPEED	2	6	5	4	8	7	5	3	3	2
P7	SPEED	2	9	9	7	7	6	5	3	2	2
P8	SPEED	2	4	4	4	5	6	8	8	6	2
P9	SPEED	2	4	5	5	6	5	6	3	3	2
P10	SPEED	2	5	7	5	8	6	5	2	4	3
P11	SPEED	2	5	6	7	8	9	10	5	3	2
P12	SPEED	2	3	5	6	8	6	9	6	5	3

1.9 Manual model operation

1.9.1 Press start key, time count down 5 seconds, then treadmill will start to work with initial speed 0.8km/h

1.9.2 Press speed +/-, you can adjust the speed

1.9.3 Press stop, you can stop treadmill at working state

1.9.4 Press quick speed key, you can quickly adjust the speed you want

1.10 3 COUNTDOWN FUNCTION PARAMETER DATA

Countdown time initial setting 30: 00 minutes, setting range 5: 00---99: 00 minutes , each step 1: 00.

Countdown calorie initial setting 50therm, setting range 10---990 term, each step 10.

Countdown distance initial setting 1.0km, setting range 0.5---99.9 km, each step 0.1

Cycle switch order is: manual, time, distance, calories.

1.11 BODY TESTER (FAT)

At the beginning state, press “PROGRAM” continually to enter “FAT” body fat test, window display “FAT”. Press “MODE” to enter (F1 SEX, F2 AGE, F3 HEIGHT, F4 WEIGHT). Press “SPEED+”, “SPEED-” to set. After setting, the computer will display F5 and grasp the hand pulse, the window will display your body quality index.

The body quality index is to test the relation between height and weight not the body scale.

The body FAT suits for any male and female to adjust the weight according together with other body quality index. The ideal FAT should be between 20-25, if under 19, it means too thin. If between 25 and 29, it means overweight, if over 30, it means obesity. (The data is just for reference and can not be as medicinal data)

- 01 Sex 01 Male 02 Female
- 02 Age 10-----99
- 03 Height 100----200
- 04 Weight 20-----150
- 05 FAT≤19 Under weight
FAT= (20---25) Normal weight
FAT= (25---29) Over weight
FAT≥30 Obesity

1.13 OTHERS

1.13.1 The system will enter into power saving mode automatically if there is no any action within 10 minutes under IDLE MODE and there is no display and backlit on the computer. Press any key to resume the system.

1.13.2 Countdown time, countdown calorie and countdown distance, you just can set one of them at one time, press last item to set running, the setting parameter is countdown, others display normal data

1.13.3 On display – Distance covered, Calories burnt, Pulse reading, Body Fat test shown is only for indicative purpose and may vary from machine to machine. Do not compare these readings to a medical instrument.

1.13.4 Speed control: acceleration at 0.5km/s; deceleration at 0.5km/s.

MAINTENANCE INSTRUCTION

WARNING: Please make sure pull out the treadmill's power plug before cleaning or maintaining the product.

CLEANSING: General cleaning of the unit will greatly prolong the treadmill's life.

Keep treadmill clean by dusting regularly. Be sure to clean the exposed part of the deck on either side of the walking belt and also the side rails. This reduces the build up of foreign material underneath the walking belt. Make sure the shoes are clean. The top of the belt may be cleaned with a wet soapy cloth. Be careful to keep liquid away from inside the motorized treadmill frame or from underneath the belt.

WARNING: Always unplug the treadmill from the electrical outlet before removing the motor cover. At least once a year remove the motor cover and vacuum under the motor cover.

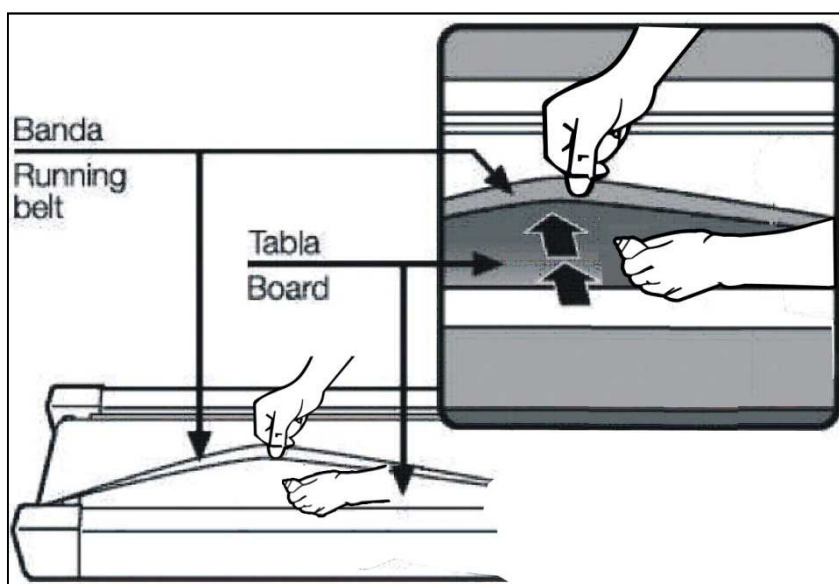
This treadmill's walking belt and deck are equipped with a pre-lubricated, low maintenance deck system. The belt/ deck friction may play a major role in the function and life of your treadmill, thus requiring periodic lubrication. We recommend a periodic inspection of the deck.

We recommend lubrication of the deck according to the following timetable:

Light user (less than 3 hours/ week)	Every 60 days
Medium user (3-5 hours/ week)	Every 45 days
Heavy user (more than 5 hours/ week)	Every 30 days

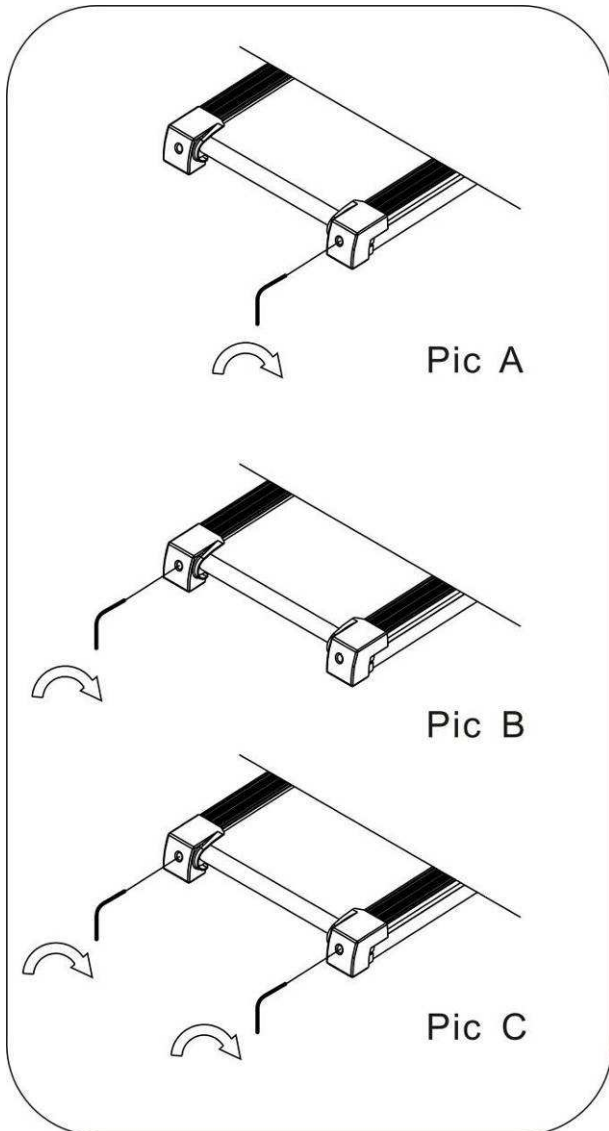
We suggest you buy lubricating oil from local distributors or contact our company directly.

Pay attention, any other maintains please ask professionals for help.



BELT ADJUSTMENT

Place treadmill on a level surface. Make treadmill run at approximately 6-8 km/h, observe the running belt deviate condition.



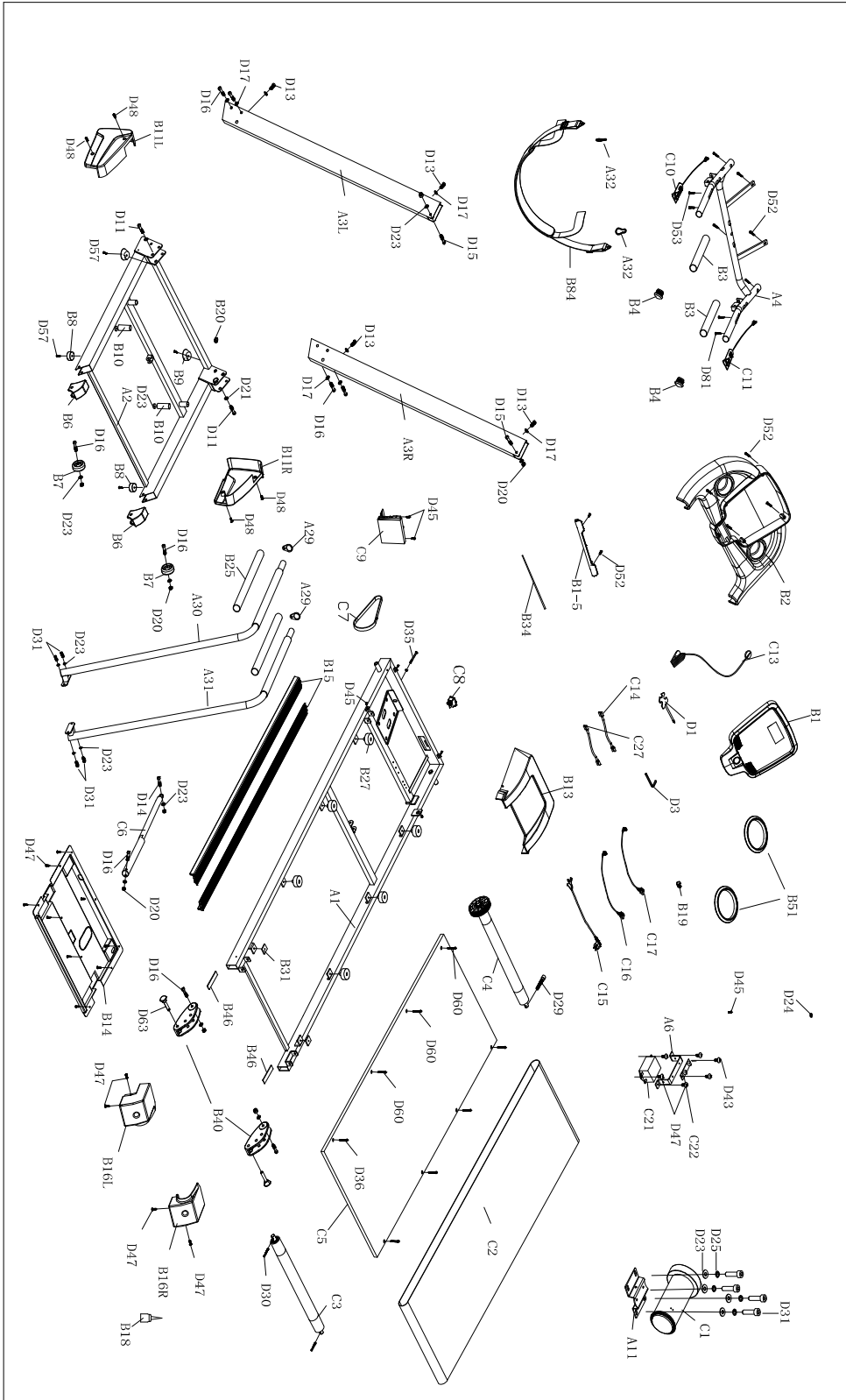
If the belt has drifted to the right, unplug the safety lock and power switch, and turn the right adjusting bolt 1/4 turn clockwise, then insert the power switch and safety lock, make the treadmill running, observe the running belt deviate condition. Repeat above steps until the running belt be placed in the middle. **See picture A**

Once the treadmill belt swerving to the left, unplug the safety lock, turn off the power, then with the left adjusting bolt clockwise rotation 1 / 4 laps, and turn on the safety lock and power to make treadmill running, checking the deviation of the treadmill belt. Repeat the above steps until the belt centered. **See picture B**

The treadmill belt will gradually relax after above steps or after a period of time using, unplug the safety lock, and turn off the power, with the two adjusting bolt clockwise rotation 1 / 4 laps, and turn on the safety lock and power to make treadmill running, then standing on the belt to confirm the tightness. Repeat the above steps until the belt moderate tightness.

See picture C

EXPLODED DRAWING



PARTS LIST

A. Welding parts

No.	Description	Qty	No.	Description	Qty
A1	Main frame	1	A11	Motor bracket	1
A2	Base frame	1	A29	Belt safety hook	2
A3L	Left upright tube	1	A30	Left Handrail	1
A3R	Right upright tube	1	A31	Right Handrail	1
A4	Handrail bracket	1	A32	Safety buckle	2
A6	Filter bracket	1			

B. Plastic parts

No.	Description	Qty	No.	Description	Qty
B1	Console set	1	B14	Motor bottom cover	1
B1-1	Overlay	1	B15	Side rails	2
B1-2	Membrane key	1	B16L	Left end cap	1
B1-3	Console panel	1	B16R	Right end cap	1
B1-5	I-pad Holder	1	B18	Silicon oil	1
B2	Console cover	1	B19	Power buckle	1
B3	Handrail foam	2	B20	Protecting wire plug	1
B4	Handrail plug	2	B25	Cushion	2
B6	Transport wheel cap	2	B27	New cushion	6
B7	Transport wheel	2	B31	Rubber pad	2
B8	Flat pad	2	B34	EVA pad(I-Pad holder)	1
B9	U-shaped foot pad	2	B40	3 section manual incline	2
B10	Limited cushion	2	B46	Rubber pad	2
B11L	Left side cover	1	B51	Water bottle holder	2
B11R	Right side cover	1	B84	Belt	1
B13	Motor cover	1			

C. Drive parts

No.	Description	Qty	No.	Description	Qty
C1	DC Motor	1	C11	Right short keys	1
C2	Running belt	1	C13	Safety key	1
C3	Rear roller	1	C14	Single line (Red) 300	1
C4	Front roller	1	C15	Power code	1
C5	Running board	1	C16	Computer upper line	1
C6	Cylinder	1	C17	Computer lower line	1

C7	Motor belt	1		C21	Inductor	1
C8	Power switch	1		C22	Filter	1
C9	Controller	1		C27	Single line (Black) 300	1
C10	Left short keys	1				

D. Hardware parts

No.	Description	Qty	No.	Description	Qty
D1	Screw driver	1	D30	Hex round head bolt M6*60	2
D3	Allen wrench T5	1	D31	Hex round head bolt M8*20	4
D11	Round hex bolt M10*50	2	D35	Hex round head bolt M8*80	1
D13	Round hex bolt M8*15	4	D36	Cross head bolt M6X25, washer	2
D14	Round head hex bolt M8*30	1	D43	Cross head bolt M4*20, washer	2
D15	Round hex bolt M8*40	2	D45	Cross head bolt M5X15, washer	7
D16	Round hex bolt M8*45	9	D47	Cross head bolt ST4.2*16 washer	17
D17	Washer M8	8	D48	Cross head bolt ST4.2*19 washer	4
D20	Nylon nut M8	8	D52	Cross self-tapping bolt ST4.2*16	11
D21	Flat washer M10	2	D53	Cross self-tapping bolt ST4.2*45	2
D23	Flat washer M8	19	D57	Cross self-tapping bolt ST4.2*25	4
D24	Spring washer M5	1	D60	Cross head bolt M6*20	6
D25	Spring washer M8	4	D63	Flat head pin	2
D29	Hex round head bolt M6*45	1	D81	Cross bolt M6*16	2



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