

**everfit**

**INSTRUCTION**

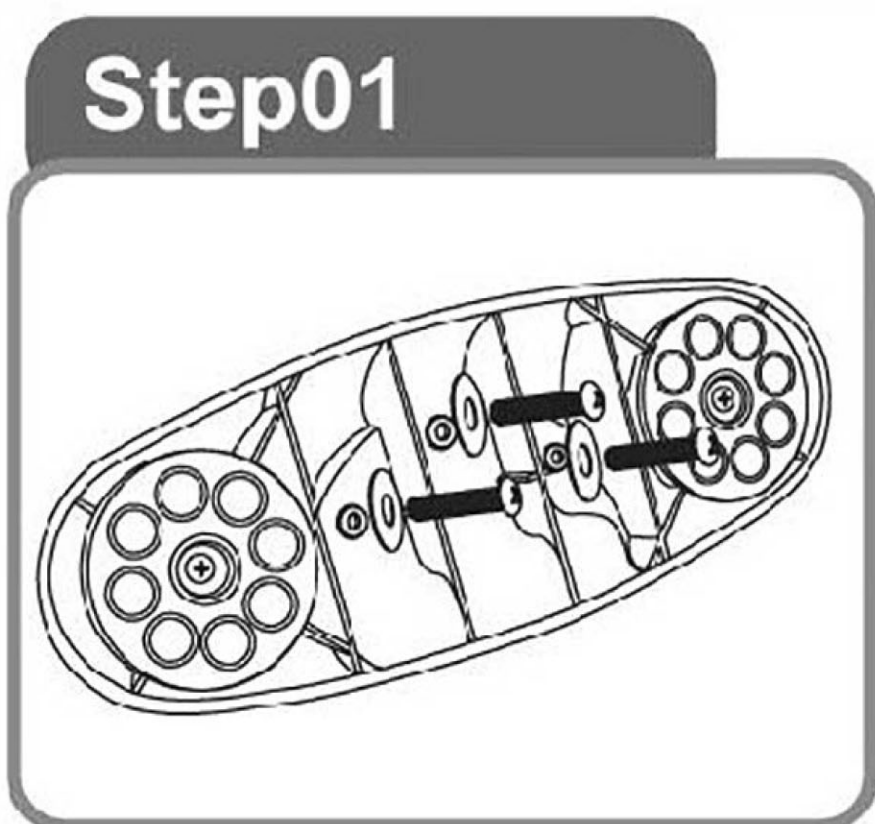
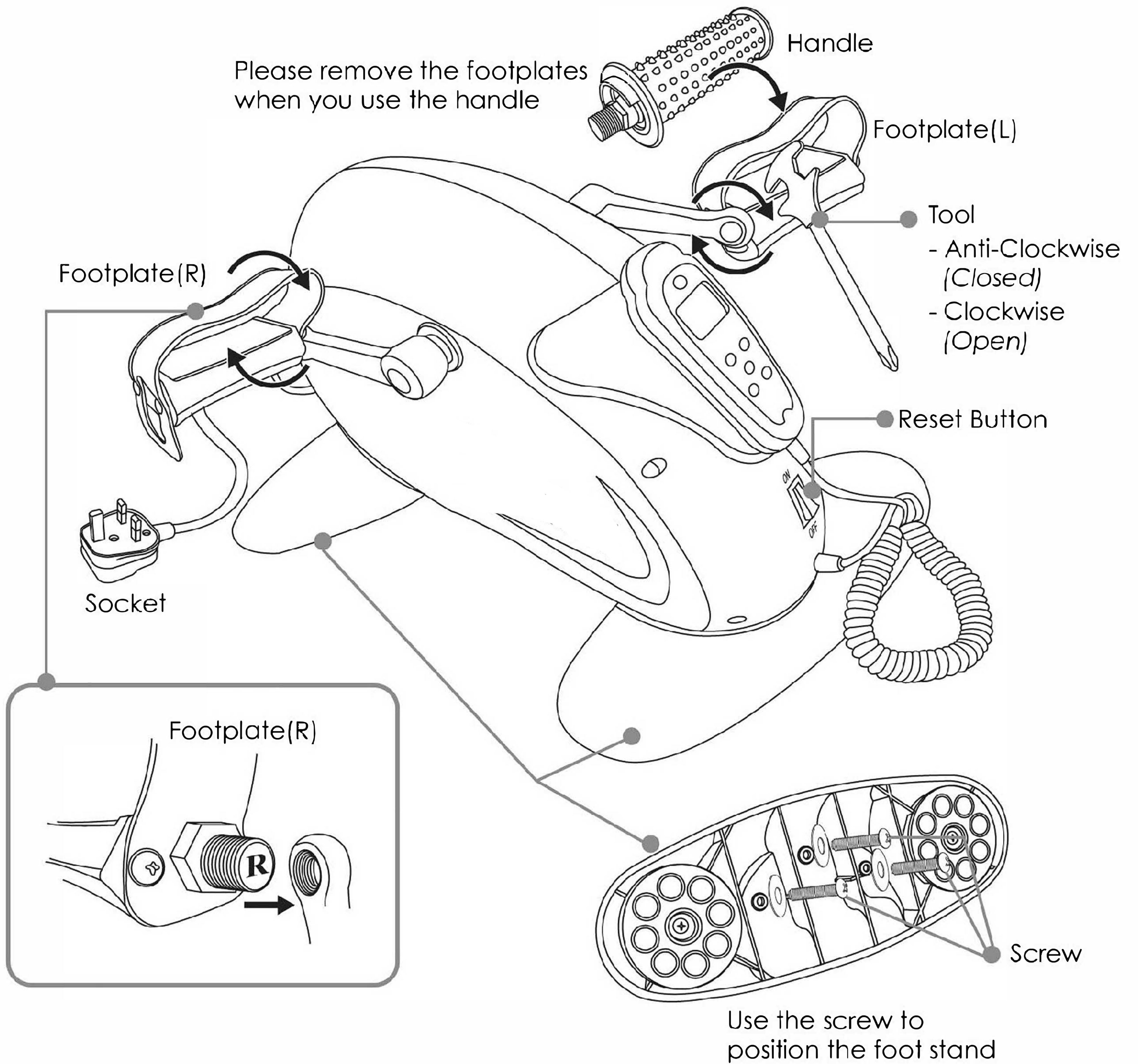


**WELLYE**  
**PLUS**

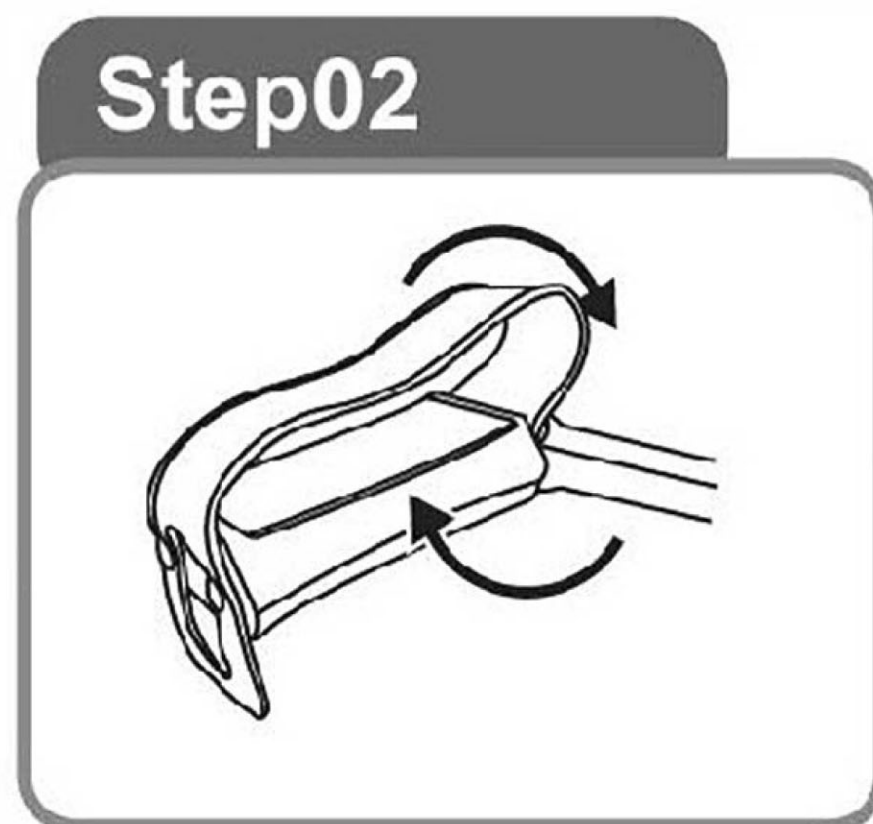


# INSTALLATION

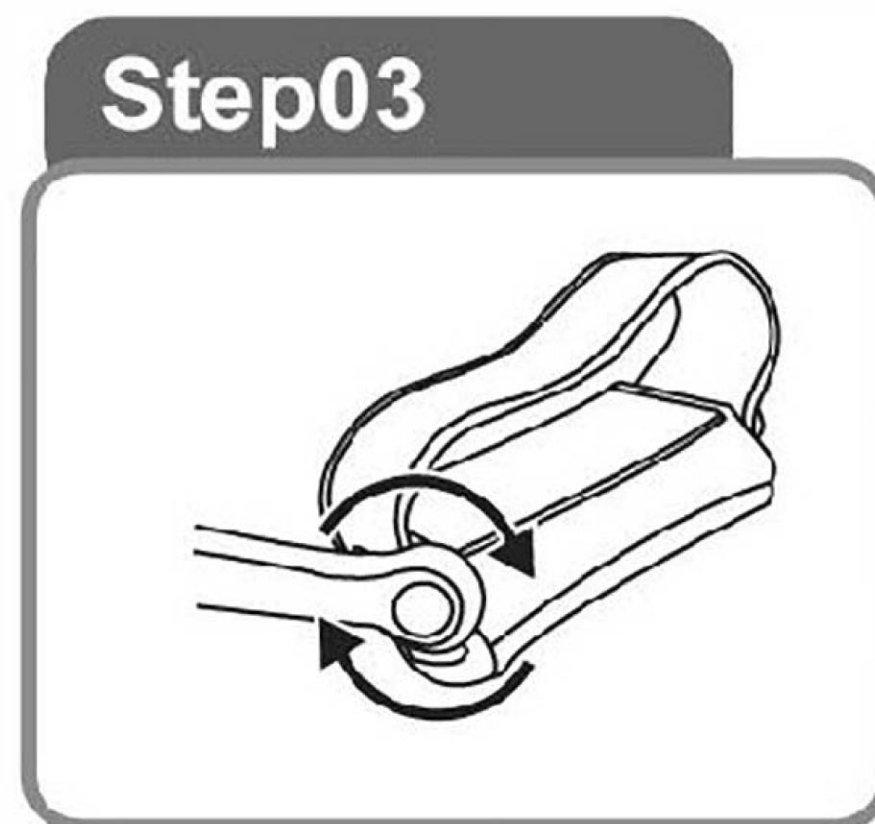
Please remove the footplates when you use the handle



Foot stand



Footplate(R)  
- Anti-Clockwise (Closed)  
- Clockwise (Open)



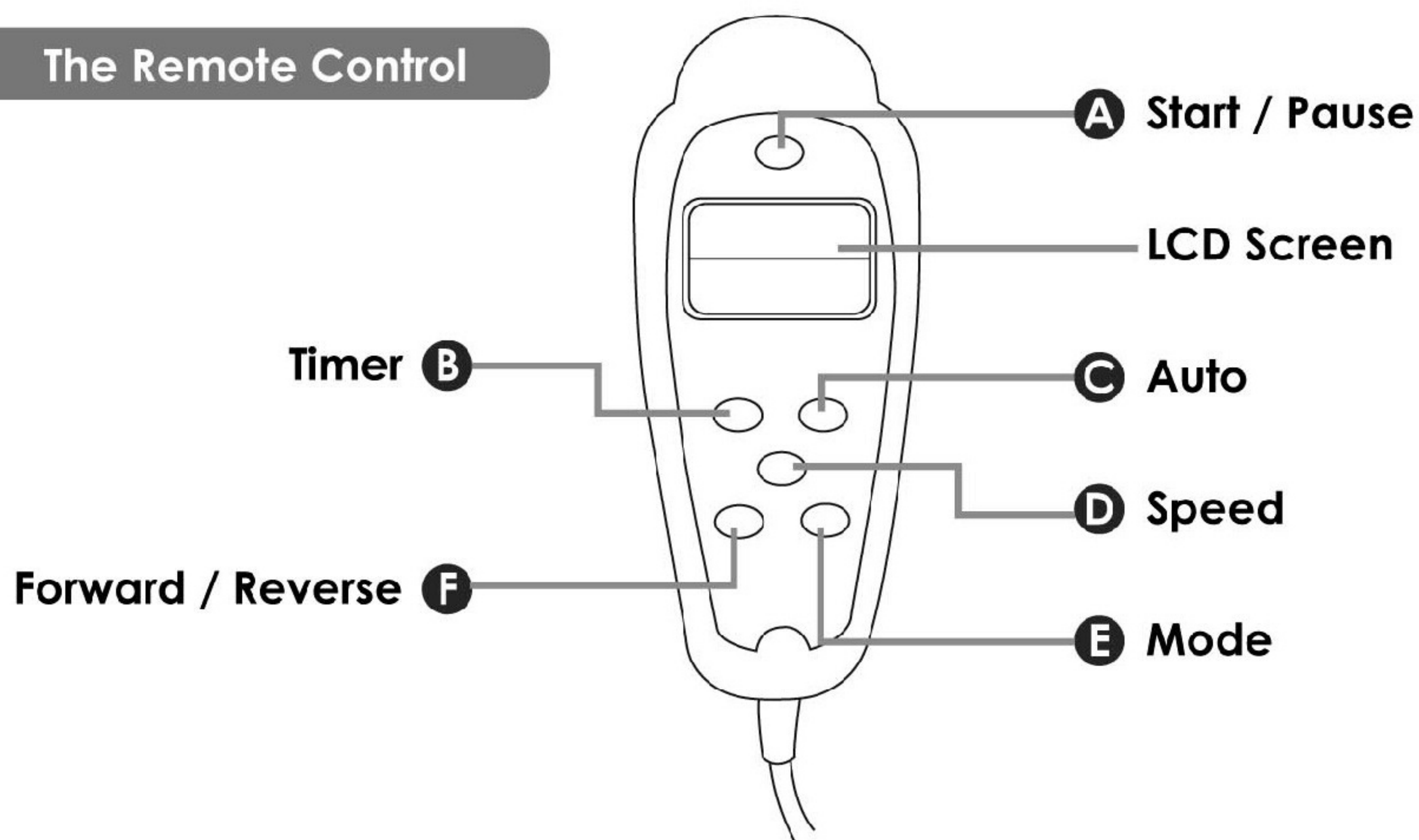
Footplate(L)  
- Anti-Clockwise (Closed)  
- Clockwise (Open)



Handle



## The Remote Control



## Operating The Remote Control

- A Start /Pause button**  
To switch device on or off.
- B Timer button**  
The timer indicator can be pre set to 3, 6, 9, 12 or 15 minutes of exercise.
- C Auto button**  
The auto program switch allows the ezyrider to run on a fixed program. In the auto mode, ezyrider will begin at 30rpm & gradually increase to 50rpm. After 3 minutes, ezyrider will slow down to 30rpm, than halt and reverse. The program will keep repeating until the Start / Pause button is pressed.
- D Speed button**  
The rotation speed indicator allows the speed setting to run approximately 30 turns, 40 turns, 50 turns or 60 turns per minutes of exercise.
- E Mode**  
Allows the colculation of calories consumption to be calculated and will show at the LCD screen.(10 rotations will consume approximately 0.7c).
- F Forward / Reverse button**  
Allows the rotation of the paddle to switch to forward or backward exercise.

### ● Safe Function

The motor will stop working automaticcally in 5 seconds when it can't rotate normally due to some resistance. The buzzer begins to make an Alarm and a bi-bi sound for a minute. But if you cut the electric power, the buzzer and power supply will cut off. Press Start/Pause button, the buzzer will stop and then restart automatically.

► Please set the switch to be OFF first if you need to reset the remote controller.





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