

GHOST 12

NEW LOOK. SAME SMOOTH RIDE.
STILL AN AWARD-WINNING RUNNER FAVOURITE

BALANCED, SOFT CUSHIONING

BioMoGo DNA and DNA LOFT cushioning work together to provide a just-right softness underfoot without losing responsiveness and durability—yet it feels lighter than ever.



SMOOTH HEEL TO TOE TRANSITION, SEGMENTED CRASH PAD AND FLEX GROOVES

No matter how your foot lands, our Segmented Crash Pad—an integrated system of shock absorbers—will cushion every step and stride for smooth heel-to-toe transitions. Flex Grooves optimize forefoot flexibility.

THIS SHOE IS FOR

runners who need a smooth ride, flexible and reliable cushion shoe. Straight out of the box comfort and streamlined comfort makes this shoe again the best neutral option.

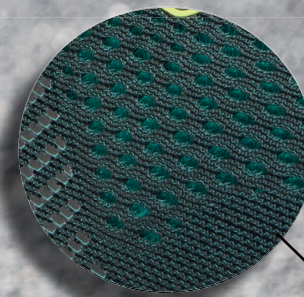
WEIGHT
Men's - 295g
Women's - 264g

DROP
12 mm

Also exists with a
GORE-TEX® membrane
for waterproof, breathable
protection

SOFT SECURE FIT

The upper practically disappears on your foot due to an engineered mesh and 3D fit print offering stretch and structure where you need it most.



UNDERFOOT SOFTNESS

for comfort 23% softer underfoot than traditional EVA.



RESPONSIVENESS

for great ride +43% more rebound.

