

**TUNTURI®**



**LATEST  
ARRIVALS  
2020**

# CARDIO FIT

V10



## CARDIO FIT V10 VIBRATION PLATE

Removable seat to exercise the neck, shoulders, back, waist, inner thigh and rear thigh. Handles to increase the effect of push-ups, when you use the vibration plate to do exercises. Including remote control and resistance tubing with handles.

Art. code 19TCFV1000

V20



## CARDIO FIT V20 VIBRATION PLATE

Three functions (2 motor) 1. Oscillation 2. Vibration 3. Oscillation and vibration. Removable seat to exercise the neck, shoulders, back, waist, inner thigh and rear thigh. Handles to increase the effect of push-ups, when you use the vibration plate to do exercises. Including remote control and resistance tubing with handles.

Art. code 19TCFV2000

	V10	V20
<b>GENERAL</b>		
<b>PRODUCT DIMENSIONS (INCL. SEAT)</b>	L 57 X W 32 X H 38.5 CM	L 71 X W 37 X H 31 CM
<b>STANDING SURFACE DIMENSIONS</b>	L 48.7 X W 35 CM	L 61.5 X W 30.5 CM
<b>SEAT DIMENSIONS</b>	L 39 X W 25.2 CM	L 33.2 X W 20 CM
<b>WEIGHT</b>	11 KG	15 KG
<b>MAX. USER WEIGHT</b>	120 KG	150 KG
<b>ROTATED POWER</b>	200W	200W (OSCILLATION) + 40W (VIBRATION)
<b>PRODUCT CODE</b>	19TCFV1000	19TCFV2000
<b>EAN CODE</b>	8717842033135	8717842033142

	V10	V20
<b>MONITOR</b>		
<b>DISPLAY TYPE</b>	LCD	LCD
<b>PROGRAMS TOTAL</b>	1 MANUAL, 3 AUTOMATIC	3 MANUAL, 3 AUTOMATIC
<b>SPEED LEVELS</b>	1 TO 30	1 TO 30

	V10	V20
<b>FUNCTIONS</b>		
<b>REMOVABLE SEAT</b>	✓	✓
<b>PUSH UP HANDLES</b>	✓	✓
<b>RESISTANCE HANDLES</b>	✓	✓
<b>VIBRATION PLATE</b>	OSCILLATION	1) OSCILLATION, 2) VIBRATION 3) OSCILLATION AND VIBRATION

	V10	V20
<b>ERGONOMICS</b>		
<b>ADJUSTABLE PUSH-UP POSITIONS</b>	✗	✓
<b>PUSH-UP OPTIONS</b>	1	2
<b>TRANSPORT WHEELS</b>	✗	✓

	V10	V20
<b>EXTRA</b>		
<b>REMOTE CONTROL</b>	✓	✓

# MASSAGE



## MASSAGE GUN

Choose between 20 different vibration speeds to find the best fit for your muscles. The Massage Gun goes up to 3500 Revolutions Per minute, allowing for maximum muscle relief. Super Silent High Speed and use the Massage Gun before and after your workout to help activate and recover muscles effectively with very LOW Minimal Sound! Rechargeable Lithium-ION Battery, the Massage Gun lasts up to 5 hours of massage use on a single charge.

Art. code 14TUSYO059



GENERAL	
PRODUCT DIMENSIONS	L 23 X W 7 H 24.5 CM
CASE DIMENSIONS	L 34.5 X W 24.5 X H 12 CM
TOTAL PRODUCT WEIGHT (INCL. CASE)	13.1 KG
PRODUCT WEIGHT	0.94 KG
POWER	20W
PRODUCT CODE	14TUSYO059
EAN CODE	8717842033005

MONITOR	
DISPLAY TYPE	LED
TOUCHSCREEN	✓
SPEED LEVELS	1 TO 20

ERGONOMICS	
DIFFERENT ATTACHMENTS	4

BATTERY	
BATTERY CAPACITY	2600MAH
BATTERY LIFE	300 MINS
RECHARGEABLE	✓
CHARGER INCLUDED	✓

## CARDIO ACCESSORIES

### HEART RATE MONITOR CHEST BELT

Heart Rate Training - Workout efficiently

- view real-time heart rate, training zones and calories burned on your smartphone or tablet. Compatible with Tunturi Routes and other training apps. Bluetooth 4.0 and ANT+ technology allows to connect with all bluetooth Tunturi cardio machines, smartphones and tablets, as well as GPS watches. Ultra low power consumption, with a replaceable CR2032 battery. Adjustable strap is surprisingly comfortable, the strap length is 65 cm - 95 cm, can be adjusted to your size.

Art. code 14TUSRU185



## FREE WEIGHTS

### SELECTOR DUMBBELL 12.5KG

This dumbbell is adjustable from 2.5 kg to 12.5 kg, using a unique dial system. Very compact system which replaces multiple dumbbells with a small work out space.

With just a push and slide, you can change your weight setting between 2.5 to 12.5 kg instantly. Number of weight settings: 5 (2.5 ; 5.0 ; 7.5 ; 10 ; 12.5 kg). Dimensions LWH: 35 x 20 x 16 cm.

Art. code 14TUSCL400



## CABLE ACCESSORIES



### NEOPRENE/VINYL DUMBBELL RACK

Ideal black powder coated rack to store 10 pairs of vinyl or neoprene dumbbells.

Art. code 14TUSCL392



### SINGLE TRICEP ROPE

The single tricep rope is 37 cm long and is made of strong black nylon. At the end of the Tricep single rope there is a rubber knob that prevents your hand(s) from slipping off and also serves as an extra hand grip.

Art. code 14TUSCL393



### WALL MOUNTED BARBELL STORAGE

The Wall mounted bar rack is ideal for storing bars neatly and safely to save space. The rack holds up to six 50 mm bars. A strong frame and a distinctive, tight PVC lining which protects the bars from being damaged mean it is suitable for intensive commercial use! The rack is matt black powder coated so it is perfect for CrossFit boxes.

Art. code 14TUSCF103



### STRAP HANDLE PAIR

The Strap handle is fitted with a lightweight but sturdy 14 cm grip for multifunctional exercises.

Art. code 14TUSFU306



### OLYMPIC JUNIOR BAR

The Olympic junior bar is a short Olympic bar which is 150 cm long and weighs 12 kg. The bar is made of steel with a brushed steel finish.

Diameter: 50 mm.

Art. code 14TUSCL399



## SUPPORT



### PADDED LIFTING STRAPS

Heavy-duty lifting straps with comfortable padding (pair).

Art. code 14TUSCL394



### PRO PADDED LIFTING STRAPS

Pro use lifting straps with comfortable padding and velcro closing (pair).

Art. code 14TUSCL395



### PRO WAIST BAND

The Pro waist band retains body heat and lets sweat through. Made of very comfortable EVA, with strong double velcro to strap up very tight.

Art. code 14TUSCL398



### FITNESS GLOVES - EASY FIT PRO

This glove is very comfortable and gives extra grip during training. To be used during training with weights and other purposes such as cycling and rowing. Velcro closure, maximum ventilation and excellent fit. Material: Mesh with foam filling.

S  
14TUSFU309

M  
14TUSFU310

L  
14TUSFU311

XL  
14TUSFU312



### LIQUID CHALK

To keep your hands dry and reliable for a safe and efficient workout. The fast-drying formula gets you ready to perform in seconds (and it slides right off with a little soap and water!) and no messy powder or dust in the air. Comes in handy bottle (50 ml) with iron clip.

Art. code 14TUSGA030



### LIQUID CHALK

To keep your hands dry and reliable for a safe and efficient workout. The fast-drying formula gets you ready to perform in seconds (and it slides right off with a little soap and water!) and no messy powder or dust in the air. Comes in handy bottle (200 ml).

Art. code 14TUSGA031



## BODYWEIGHT TRAINING



### PARALLETTES BAR SET

The Parallettes Bar Set is a simple, portable, multifunctional training tool. It is widely used by personal trainers, group fitness, aerobics and crossfit training. Perfect for performing dips, pull-ups, push-ups, L-sitting and many more exercises. A bar weighs 3.4 kg and can weigh up to 150 kg. With 4 screws it is easy to (dis)assemble. Easy to store, takes up little space.

Art. code 14TUSFU307

## BOXING



## JUMP ROPE



### PRO ADJUSTABLE SPEED ROPE

Premium high quality self adjusting speed rope. Non-slip texture design ensures firm grip and prevents slip effectively. With a unique self-locking design, you can adjust the 3 m long rope to suitable length just in seconds. Easy to operate. High quality aluminum alloy shell, doesn't damage when the handles accidentally drop off. 2.5 mm steel cable consisting of 7 soft steel wire strings, covered with wear-resistant PVC material, durable, smooth and long service life. 360 degree spin ball bearing system provides super fast rotation speeds. Color: Black.

Art. code 14TUSFU313

### SPEED BALL ON STAND

Height adjustable from 120 to 160 cm. Solid construction, base must be filled with sand.

Art. code 14BLSBO106

# FUNCTIONAL TRAINING



## WOODEN GYM RING, 32 MM

Contains 2 wooden rings (23 cm dia 32 mm thickness) and 2 high quality adjustable straps with markings.

Art. code 14TUSCF104



## AQUABAG

The aquabag can be filled with water and air. The water creates an instability which makes it possible to not only train the larger muscle groups, but also all other muscles that are often forgotten! You decide the weight yourself (max 20 kg). The cover of the Aqua bag is made of very strong PVC and the four neoprene handles allow you to do all kinds of exercises.

The Aqua bag can easily be filled and emptied by means of the protective cap with safety string. Including air pump. Not suitable as boxing pad or throwing/slammimg onto the ground.

Art. code 14TUSCL396



## BULGARIAN AQUABAG

The Bulgarian aquabag is originally designed to aid wrestlers in improving explosive movements. This bag can be filled with water and air. The water creates an instability which makes it possible to not only train the larger muscle groups, but also all other muscles that are often forgotten! You decide the weight yourself (max 17 kg). The cover of the Bulgarian Aqua bag is made of very strong PVC and the different handles allow you to do all kinds of exercises. The Bulgarian Aqua bag can easily be filled and emptied by means of the protective cap with safety string. Including air pump. Not suitable as boxing pad or throwing/slammimg onto the ground.

Art. code 14TUSCL397



## MEDICINE BALL RACK, BLACK

Ideal black powder coated rack to store 5 medicine balls.

Art. code 14TUSCL410



## MEDICINE BALL

Made of environmental-friendly & odorless rubber & PVC; high-density, perfect for toning muscles and training balance. The anti-skid texture allows for safe exercise, providing a firm grip and comfortable using experiences. Rigorously tested air valve completely prevents air leakage, maximizes its service life and minimizes maintenance, the heavier ones are filled with iron sand for ultimate durability. Its hollow sphere design ensures an impressive elastic buffering performance as well as a comfortable touch. Available in multiple colors / weights.

1 kg, Yellow/Black  
14TUSCL401

2 kg, Green/Black  
14TUSCL402

3 kg, Red/Black  
14TUSCL403

4 kg, Blue/Rack  
14TUSCL404

5 kg, Grey/Black  
14TUSCL405



#### SINGLE ROW HANDLE

Single handle for barbell rows. Helps to maximize your range of motion across lateral raises, one arm rows and multiple core exercises. Suitable for use with Olympic size bars - Seamless sleeve ensures no scuffs or scratches to your barbell. Black powder coated steel construction - Textured handle for extra grip.

Art. code 14TUSCL407



#### DOUBLE ROW HANDLE

Double handle for barbell rows. Helps to maximize your range of motion across lateral raises, arm rows and multiple core exercises. Suitable for use with Olympic size bars - Seamless sleeve ensures no scuffs or scratches to your barbell. Black powder coated steel construction - Textured handle for extra grip.

Art. code 14TUSCL408



#### MINI DEADLIFT BAR JACK

Loading and unloading the barbell for ground lifts just got a whole lot easier with the Mini Deadlift Bar Jack. With this Bar Jack you can lift the barbell quickly and easily to add or remove plates from the bar. This comes in handy when you have a large amount of weight on the bar. The size of this Mini Bar Jack makes it easy to store. Built-in handle makes it easier to lift the bar to switch weight. Padded hooking grip to prevent scratching to the barbell.

Art. code 14TUSCL409



#### WIDE ROW HANDLE

Wide handle for barbell rows. Helps to maximize your range of motion across lateral raises, arm rows and multiple core exercises. Suitable for use with Olympic size bars - Seamless sleeve ensures no scuffs or scratches to your barbell. Black powder coated steel construction - Textured handle for extra grip.

Art. code 14TUSCL411



#### LANDMINE

Universal Landmine Insert, 20 cm pivot bar sleeve & 10 cm base post fit into standard Olympic bars & weight plates for performing T-bar row & landmine exercises. Provides a safe environment for performing intense lifts, presses & shrugs. Dynamic unit features complete circle rotation & wide-range pivot movement.

Art. code 14TUSCL412

# YOGA



## YOGA TONING BALL

The PVC Material used for the shell of these Toning Balls offers a lovely, soft to the touch yet grippy surface to hold on to during exercise, reducing the risk of the balls slipping during use. They are suitable for a huge range of exercises including use for Pilates, Yoga, Plyometrics, Rehabilitation, Balance Training, Toning and Strengthening as well as being ideal for increasing your range of motion. These Balls are filled with sand, making them much safer to use, in the event that they are dropped, they will not inflict injury on the user nor will they damage the floor. Available in one size and 2 colors/weights (1kg - Turquoise, 1.5kg - Anthracite).

1 kg - Turquoise  
14TUSYO046

1.5 kg - Anthracite  
14TUSYO047



## YOGA BLOCK

Made of EVA foam.  
Dimensions: 23 x 15 x 7.5 cm.

Turquoise  
14TUSYO049

Anthracite  
14TUSYO048



## YOGA STRAP

Ideal for additional support when trying to reach or maintain those hard to reach Yoga positions, assists in attaining the correct posture for Yoga Poses. Lightweight but sturdy with a strong plastic buckle that allows you to change the length. Durable and robust. Machine washable. Size: 200cm (L), 4cm (W), Weight: 83g (approx.) Material: 100% natural cotton. Available in Colors: Turquoise & Anthracite.

Turquoise  
14TUSYO062

Anthracite  
14TUSYO063



## CORK TPE YOGA MAT

Eco Friendly, 100% natural cork material mat surface + Eco TPE underside. Non-toxic, odor-free, No harsh chemicals, Antibiosis and mildew proof. Anti-slip because of the wood texture. Supplied with black elastic carrying cord. Dim: 183 x 61 x 0.4 (LWH in cm).

Art. code 14TUSYO058



## CORK MASSAGE BALL SET

Eco-friendly, 100% natural cork material Massage Ball Set. Non-toxic, odor-free, No harsh chemicals, antibiosis and mildew proof. Set of 2 balls with different size (6.5 & 5 cm dia). By "rolling" with the cork ball you promote the recovery of the deep muscle zones after training (soreness) and ensure that you regenerate faster. Treat knotted muscles with trigger point massage.

Art. code 14TUSYO060



## TUNTURI CORK MASSAGE ROLLER

Made from high-density natural cork. Roller is solid and will improve the flexibility of muscles and fascia and support regeneration. Enhances muscular flexibility, dynamic strength and balance. Will not lose shape or turn 'lumpy'. It's an excellent self-massage tool for de-activating trigger points and for functional exercise. This eco-friendly product is made of 100% cork, which is a highly renewable, biodegradable and recyclable resource, as no trees are cut down in the production.

Art. code 14TUSYO061



## CORK YOGA BLOCK

Highly durable eco-friendly natural cork brick offering superior grip and support. Helps you deepen your flexibility, reach more difficult poses, and enhance balance. Made of high-density, sustainable cork - 100% natural and non-toxic. Naturally non-absorbent & moisture proof - more effective at wicking away sweat than foam blocks. Size : 23 x 15 x 7.5 cm.

Art. code 14TUSYO050

#### EVA MASSAGE BALL

Light weight massage ball can be used before and after workout, running, cycling, walking, etc. Relax your muscles. With this massage ball, the whole body can be free from pain. EVA foam is skin-friendly and increases comfort. Color: Black.

Art. code 14TUSYO064



#### PILATES RING

The Pilates ring is the best partner in stretching exercise, to relax and stretch muscles after an anaerobic exercise, body-stretching is necessary because it can prevent muscle from being stiff. The steel core and rubber coating ensure a strong and durable support, withstand even heavy endurance exercises. The soft plastic handles provide firm and non-slip grips for worry-free use. Color: black.

Art. code 14TUSYO066

## RESISTANCE TRAINING



#### RESISTANCE TRAINER

The Resistance Trainer is a resistance cord system to create a variable, unbalanced load that enables you to develop core strength, explosive rotational power, flexibility and endurance. Includes the metal bar, medium resistance bungee, door anchor and safety strap.

Art. code 14TUSFU308



#### MULTI RESISTANCE BAND

Fabric elastic resistance band. Woven in different parts with different resistance levels to choose.

Art. code 14TUSYO051



#### TEXTILE RESISTANCE BAND

Exercise band made from premium quality sturdy and environmentally friendly cotton polyester elastic fabric non-slip soft materials. The band never slips or roll up when in use.

Light Medium Strong

4-6kg Yellow  
14TUSYO052

7-10kg Green  
14TUSYO053

11-14kg Blue  
14TUSYO054



#### TEXTILE RESISTANCE BAND SET

Exercise bands made from premium quality sturdy and environmentally friendly cotton polyester elastic fabric non-slip soft materials. The bands never slip or roll up when in use. Set of 3 bands Light (yellow) 4-6kg, Medium (green) 7-10kg and Strong (blue) 11-14 kg resistance.

Art. code 14TUSYO065



#### TEXTILE BOOTY RESISTANCE BANDS SET

Set contains 3 bands (Light - Turquoise, Medium - Blue, Hard - Grey). Perfect for different workouts and suitable for beginner to advanced. Inner grip strips and thick width make sure they will never roll or slip.

Art. code 14TUSYO055



#### TERMS AND CONDITIONS OF WARRANTY

The Terms and Conditions of Warranty for Tunturi fitness equipment may differ per country. It is therefore always best to request the Terms and Conditions of Warranty from your distributor or seller. In addition, these Terms and Conditions of Warranty are only applicable to the first owner / purchaser of the fitness equipment. The warranty period commences on the date on which the equipment is purchased. Your proof of purchase is always required when dealing with warranties, so make sure that you keep it in a safe place.

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