



Ref. PF2

PUSH



USERS



+12 years

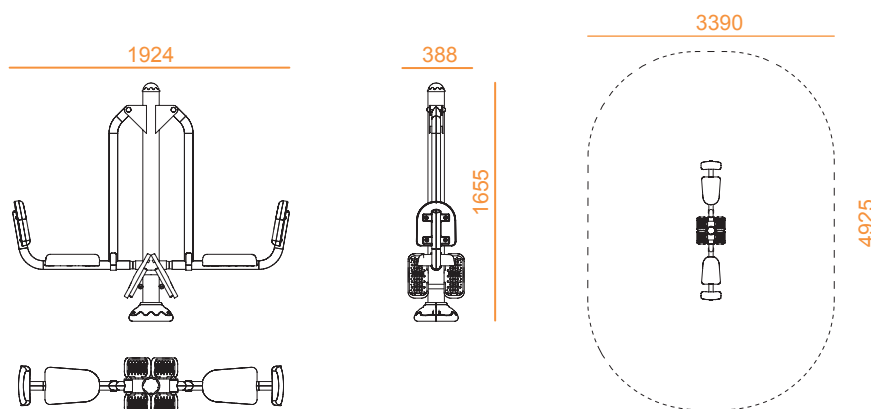


16,7 m²



TÜV Rheinland

Measurements expressed in millimeters



FEATURES

- BENEFITS:** Monoarticular exercise that strengthens the quadriceps.
- MANUFACTURING:** Tube structure made of galvanized steel with reinforced tread system and polypropylene handles.
- FINISHING:** Baked polyester paint, black and grey RAL9006 colour.
- INSTALLATION:** Available for installation on hard ground and soft ground.
- TECHNIQUE:** Sit with your thighs and back in the middle of the seat. Place your feet on the cushions on the equipment.
- With your thighs, feet and legs parallel to one other, stretch your knees out completely, keeping the torso upright with your back against the backrest.
- Slowly bend your knees to the starting position. Always check every move.