

# INSTRUCTIONS FOR USE ISBLOK ICE WATER

#### MACHINE INSTALLATION OF A SEPARATE ISBLOK

# WITH FILTER PUMP:

### **WARNING**

The filter pump and ISBLOK are connected to 220v.

Despite the fact that the filter pump and chiller have been found to be safe, we would like to warn you once again about the dangers of water and electronics. Do not touch or operate with wet hands.

# Weight ISBLOK

An ISBLOK water cooler is heavy and weighs approx. 40 kg. If necessary, move your ISBLOK with 2 adults. Also; the back of an ISBLOK is vulnerable. The material (back) has a minimal function, nevertheless; be careful when moving your ISBLOK to avoid unnecessary (visual) damage.

# You have received;

- 1x ISBLOK
- 2x rubbers
- 2x Swivel caps
- 3x tules of 32mm
- 2x gradient set from 32 to 38mm

### INSTALLATION ISBLOK

- Make sure the machine is on a straight floor.
- Make sure that the machine is not in a damp room.
- Make sure that the machine (if it is outside) is under a roof.
- If you install the machine, make sure there is sufficient ventilation otherwise the machine will not be able to lose its heat.
- Turn the hoses on the IN/OUT of the device.
- You connect the lower long to the (filter) pump. This spews the water through the device (this is the IN towards the machine)
- Attach the other hose (the upper one) to the transit on the bath. So here the cold water comes back into the bath.
- Do not leave the machine in the freezing cold. Water expands in frost, hoses and parts can freeze to pieces.



### **ISBLOK ACTIVATION**

Activate the filter pump by connecting the plug to / in the socket. When the hoses are properly attached to your ISBLOK/filter pump, and when the pump passes through water, you can activate (turn on) your ISBLOK. Press and hold the 'ON/OFF' button for a few seconds and your ISBLOK will start up.

### **TEMPERATURE SETTING:**

Then press and hold 'SET' (approx. 3 seconds) and select the temperature you want to reach (using the UP/DOWN buttons). Then press 'SET' again to confirm your temperature requirement.

After a few minutes, turn on ISBLOK and start cooling. The fan will also turn and you will notice that your ISBLOK makes a buzzing noise (similar to the sound of a freezer / air conditioning unit).

Depending on the temperature of the environment and the water in your stock tank, your ISBLOK needs approx. 2-3 hours to get below 5° degrees with a stock tank. When the water in your stock tank has reached the desired temperature, you can switch off the ISBLOK using the ON/OFF button.

Do not allow the ISBLOK to work without a pump.

This can cause the pipes to freeze, causing damage.



### INSTALLATION OF A SEPARATE ISBLOK WITHOUT FILTER PUMP:

# **WARNING**

The separate water pump or submersible pump is in the water and runs at 220v. Despite the fact that the pump has been intensively tested (and found to be safe), we strongly advise you to disconnect the flow from the pump when you enter the water. Don't take unnecessary risks.

### Weight ISBLOK

An ISBLOK water cooler is heavy and weighs approx. 40 kg. If necessary, move your ISBLOK with 2 adults. Also; the back of an ISBLOK is vulnerable. The material (back) has a minimal function, nevertheless; be careful when moving your ISBLOK to avoid unnecessary (visual) damage.

### You have received:

- 1x ISBLOK
- 2x rubbers
- 2x Swivel caps
- 2x tules of 32mm
- 2x gradient set from 32 to 38mm

### INSTALLATION ISBLOK

- Make sure the machine is on a straight floor.
- Make sure that the machine is not in a damp room.
- Make sure that the machine (if it is outside) is under a roof.
- If you install the machine, make sure there is sufficient ventilation otherwise the machine will not be able to lose its heat.
- Turn the hoses on the IN/OUT of the device.
- You connect the lower long to the pump. This sucks in the water (this is the IN towards the machine)
- If necessary, attach the hose to the pump with a hose clamp so that it cannot shoot off .
- The OUT hose accompanies you back into the bath.
- Do not leave the machine in the freezing cold. Water expands in frost, hoses and parts can freeze to pieces.

Place the pump in the water (in your bath/tub/pool) and do not connect it to the power yet When you plug the pump into the electricity, the water will flow directly through the pump, your ISBLOK and hoses. Even if your ISBLOK is not yet on, it is it is possible that water is circulating through it.

NOTE; the hoses may start moving after activation of the pump. It is possible that the hose (from which water comes out - OUT) maneuvers itself out of the water and water next to your



bath/tub/pool pumps (with potential consequences!). Make sure that the hose (OUT) is 'fixed' in the water.

### ISBLOK ACTIVATION

Activate the pump by plugging it into/into a power outlet. When the hoses are securely attached to your ISBLOK/pump, and when the pump is in the water, you can activate (turn on) your ISBLOK. Press and hold the 'ON/OFF' button for a few seconds and your ISBLOK will turn on.

#### TEMPERATURE SETTING:

Then press and hold 'SET' (approx. 3 seconds) and select the temperature you want to reach (using the UP/DOWN buttons). Then press 'SET' again to confirm your temperature requirement.

After a few minutes, turn on ISBLOK and start cooling. The fan will also turn and you will notice that your ISBLOK makes a buzzing noise (similar to the sound of a freezer / air conditioning unit).

Depending on the temperature of the environment and the water in your bath/tub/pool, your ISBLOK needs 2-3 hours to get below 5° degrees.

When the water in your bath/tub/pool has reached the desired temperature, you can switch off the ISBLOK using the ON/OFF button.

Turn off the pump by simply unplugging it.

#### BEFORE YOU GO INTO THE WATER

As previously reported; The pump has been extensively tested and found to be safe. Though; Unplug it and don't run any unnecessary risk. For optimal safety, we also recommend disconnecting the plug of your ISBLOK from the power.

ARE YOU A BEGINNER IN TERMS OF COLD TRAINING? Do not go in the cold water for more than 1 minute (if below °5 degrees). Read and learn before you start this cold training.

AFTERWARDS: ALWAYS MAKE SURE YOUR BODY IS WARMED UP PROPERLY If you stay in water below 5° degrees for more than 5 minutes, you need a strong, powerful way to warm up (sufficiently). This can be a hot shower, a sauna session or even the sun.

Note: if you do not heat up sufficiently, you run the risk of becoming

hypothermic.

If you have any questions, take a look at our FAQ or send an email

to :support@tankkd.com

We wish you a lot of pleasure from your purchase.