## Calming Hot Toddy





Beeeee Calm (1 sachet)



Honey



Whisky + (30 ml)



Lemon +





Cloves + Cinnamon Sticks

## Instruction | Serving: 1 Cup

- Steep Beeeee Calm sachet into 250ml hot water for 10 mins
- Dissolve honey in lemon juice and whisky, stir well
- Stab cloves into lemon slice and add into hot tea with honey mixture and Cinnamon Sticks