

APPAREL FITTING GUIDE



MEN'S

MEN'S PANT/SHORT – REGULAR	67R	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	122R		
MEN'S PANT – STOUT					87S	92S	97S	102S	107S	112S	117S	122S	127S	132S
FITS WAIST (CM)	67	72	77	82	87	92	97	102	107	112	117	122	127	132
FITS WAIST (IN)	26	28	30	32	34	36	38	40	42	44	46	48	50	52
PANT IN LEG SEAM – REGULAR	83	83	83	83	83	83	83	83	83	83	83	83		
PANT IN LEG SEAM – STOUT					78	78	78	78	78	78	78	78	78	78

MEN'S PANT – LONG	74L	79L	84L	89L	94L									
FITS WAIST (CM)	74	79	84	89	94									
FITS WAIST (IN)	29	31	33	35	37									
PANT IN LEG SEAM – LONG	88	88	88	88	88									

MEN'S COVERALL – REGULAR	67R	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R	122R		
MEN'S COVERALL – STOUT					87S	92S	97S	102S	107S	112S	117S	122S	127S	132S
FITS WAIST (CM)	67	72	77	82	87	92	97	102	107	112	117	122	127	132
FITS WAIST (IN)	26	28	30	32	34	36	38	40	42	44	46	48	50	52
FITS CHEST – REGULAR (CM)	77	82	87	92	97	102	107	112	117	122	127	132		
FITS CHEST – STOUT (CM)					92	97	102	107	112	117	122	127	132	137
IN LEG SEAM – REGULAR	70	73	76	79	81	84	85	86	87	88	88	88	88	89
IN LEG SEAM – STOUT					71	74	76	79	81	82	83	85	86	86

MEN'S COVERALL – LONG	74L	79L	84L	89L	94L									
FITS WAIST (CM)	74	79	84	89	94									
FITS WAIST (IN)	29	31	33	35	37									
FITS CHEST (CM)	87	92	97	102	107									
IN LEG SEAM – LONG	81	83	85	88	90									

MEN'S SHIRT/POLO/TEE/FLEECE/JACKET	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL		
FITS CHEST (CM)	82	87	92	97	102	110	118	126	134	142	150		

WOMEN'S

WOMEN'S PANT/SHORT	6	8	10	12	14	16	18	20	22	24		
FITS NATURAL WAIST (CM)	62	67	72	77	82	87	95	103	108	113		
FITS HIP	88	93	98	103	108	113	121	129	134	139		

WOMEN'S POLO/TEE/FLEECE	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL		
FITS BUST	80	85	90	98	106	114	122	130	138	146		

WOMEN'S SHIRT	6	8	10	12	14	16	18	20	22	24		
FITS BUST	80	85	90	96	102	108	116	124	130	136		

FOOTWEAR FITTING GUIDE

MEN'S EEE fit															
UK	4	5	6	6.5	7	8	9	10	10.5	11	12	13	14	15	16
US	5	6	7	7.5	8	9	10	11	11.5	12	13	14	15	16	17
EU	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51

WOMEN'S (For women's specific styles) D fit									
UK	3	4	5	6	6.5	7	8	9	
US	5	6	7	8	8.5	9	10	11	
EU	36	37	38	39	40	41	42	43	

How To Work Out Your Shoe Size

The grey shaded boxes show the Mens' to Women's equivalent sizes for unisex sized footwear.
For example, a Men's UK 5 is equivalent to a Women's USA 7. Please Note: Unisex sizes are wider fits for women than women's specific footwear.

