



## LUNCH MENU

SOUP OF THE DAY (Ve) 8.5

*Seasonal daily soup served with organic sourdough (GfO) (DfO)*

FETA & AVOCADO TOAST (VeO) (GfO) 11.5

*Served on Sussex sourdough with pea shoots, pepper flakes & chive oil.*

Contains gluten, egg, milk. Vegan feta available | **Add Chilli Fried Egg +£ 1.5**

PROPER BACON SANDWICH (GfO) 11

*Streaky bacon in a thick white bloomer, served with hash browns & house ketchup*

Contains gluten, egg, milk | **Add Fried Egg +£ 1.5**

THE ELEPHANT BURGER (GfO) (DfO) 18

*Sussex beef patty, emmental, bacon jam, pickled gherkins, house salad & house fries*

Contains gluten, egg, milk, mustard, sulphites

THE SHAWARMA BOWL (GfO) (DfO) 16

CHOICE OF TOPPINGS - CHICKEN / HALLOUMI / FALAFEL

*Herby grains with soft flatbread, shredded lettuce, pickled red cabbage*

*pickled chilli, fresh tomato & red onion salad, cucumber, garlic yoghurt & herby hummus*

Contains gluten, milk

FISH & CHIPS (Gf) (Df) 17

*Beer battered cod fillet, tartare sauce, pea & mint crush, served with fries*

Contains egg, sulphites, fish

SUSSEX HAM, EGG & CHIPS (Gf) (Df) 16

*Honey roast ham, fried egg, house fries & salad, mustard maple dip*

Contains mustard, egg

*Paninis*

*Served with house side salad, pickled red onions & sea salt crisps.*

THE REUBEN (GfO) 11

*Pastrami, melted emmental, sauerkraut & tangy dressing*

Contains gluten, milk, egg

THE MED VEG (V) (VeO) (GfO) 9

*Roast pepper & sun-dried tomatoes with basil pesto & mozzarella*

*Sides*

HOUSE FRIES

*Served with homemade aioli*

Contains egg

6.5

BAR SNACKS

*Wasabi peanuts - 3.5*

*Nocarella Olives - 4.5*

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GfO = Gluten Free option Available / DfO = Dairy Free option Available V = Vegetarian / Ve = Vegan / N = Contains Nuts / S = Contains Sesame

Please let a member of our team know if you have any allergies, or dietary requirements as not all ingredients can be listed for things such as dressings or sauces etc. .