

Serving size: 65 grams (2 scoops)

Servings per container: 11

Contents per container: 750 grams

Product specification

Diet Shake - Vanilla

Product description:

Meal replacement shake with plant-based and animal ingredients with vanilla flavor.

Ingredients:

Whey Protein Concentrate (**milk**), Whole Grain Oat Flour (**gluten**), Isomaltulose, Inulin, Sunflower Oil Powder (sunflower oil, modified starch, glucose syrup, silicon dioxide, natural flavor), Vegetable Oil (sunflower), Tricalcium Phosphate, Thickener: Xanthan Gum, Potassium Chloride, Natural Flavor, Ascorbic Acid (Vit. C), Dibasic Potassium Phosphate, Tri-Potassium Citrate, Magnesium Oxide, Iodized Salt, Emulsifier: Lecithin, Sweetener: Sucralose, Ferric Pyrophosp- hate, Zinc Sulfate Monohydrate, Nicotinamide (Vit. B3), DL-alpha-Tocopherol, Calcium-D-Pantothe- nate (Vit. B5), Manganese Citrate, Pyridoxine (Vit. B6), Riboflavin (Vit. B2), Thiamine Hydrochloride (Vit. B1), Copper Gluconate, Vitamin A, Folic Acid (Vit. B9), Potassium Iodate, Sodium Selenate, Chromium Chloride, Phylloquinone (Vit. K1), Biotin (Vit. B8), Sodium Molybdate, Vitamin D2, Cyanocobalamin (Vit. B12).

Allergen information:

This product contains: **Cereals** containing **gluten**. **Milk** and **milk**-based products. And may contain traces of: **Eggs** and **egg**-based products. **Fish** and **fish**-based products. **Peanuts** and **peanut**-based products. **Soy** and **soy**-based products.

Recommended use:

Mix 1 serving of 65 grams (2 scoops) with 300 ml of water or milk. Take 1 to 3 servings per day as a supplement to a meal.

Warning:

A dietary supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dosage. Not suitable for children. Pregnant women should consult a specialist before using this product. This product contains sweeteners.



Storage instructions:

Close the jar tightly after use. Store in a cool, dark, dry place and out of reach of children. Limited shelf life after opening. Batch code / best before: see bottom of packaging.

Nutritional Value:	Per 100 grams:	Per serving of 65 grams:
Energy value (kJ)	1600 kJ	1040 kJ
Energy value (kcal)	381 kcal	248 kcal
Fats	11 g	7.3 g
Of which saturates	2.2 g	1.4 g
Carbohydrates	28 g	18 g
Of which sugars	12 g	7.6 g
Dietary fiber	11 g	7.4 g
Proteins	38 g	24 g
Salt	0.68 g	0.44 g

Amino Acid Composition:	Per 65 grams:
Glutamic acid	4479 mg
Aspartic acid	2707 mg
Leucine* (BCAA)	2597 mg
Lysine*	2180 mg
Threonine*	1712 mg
Proline	1587 mg
Isoleucine* (BCAA)	1531 mg
Valine* (BCAA)	1453 mg
Alanine	1300 mg
Serine	1267 mg
Phenylalanine*	804 mg
Tyrosine	751 mg
Arginine	689 mg
Glycine	536 mg
Cystine	510 mg
Methionine*	509 mg
Histidine	453 mg
Tryptophan*	372 mg

^{*} Essential amino acids

BCAA Branched Chain Amino Acids

