



Serving size: 1 tablet

Servings per container: 60

Contents per container: 60 tablets

Product specification

Magnesium Complex

Food supplement

Composition:	Per tablet:	(%)*
Magnesium	150 mg	40%
Magnesium	50 mg	13,30%

**Reference intake of an average adult (8400 KJ/2000 kcal)*

Ingredients:

Magnesium Glycerophosphate, Magnesium Citrate Granulate, Coating White, Magnesium Stearate, Prosolv SMCC 90, Cellulose.

Allergen information:

This product may contain traces of **gluten**, **milk**, **soy**, and **egg**.

Recommended use:

Take 1 tablet once a day with sufficient water.

Warning:

A dietary supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dosage. Not suitable for children. Pregnant women should consult a specialist before using this product.

Storage instructions:

Close the jar tightly after use. Store in a cool, dark, dry place and out of reach of children. Limited shelf life after opening. Batch code / best before: see bottom of packaging.

