



Serving size: 1 tablets

Servings per container: 90

Contents per container: 90 tablets

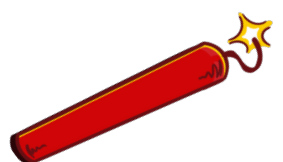
Product specification

Multivitamin

Food supplement

Composition:	Per tablet:	(%)*
Calcium	162 mg	20,3%
Phosphorus	125 mg	17,8%
Magnesium	100 mg	26,6%
Vitamin C	60 mg	75%
Vitamin B3	18 mg	112,5%
Vitamin E	10 mg	83,3%
Vitamin B5	6 mg	100%
Zinc	5 mg	50%
Iron	4 mg	28,6%
Vitamin B6	2 mg	142,8%
Vitamin B2	1,6 mg	114,3%
Vitamin B1	1,4 mg	127,3%
Manganese	1 mg	50%
Copper	0,5 mg	50%
Vitamin D	0,005 mg	100%
Folic acid	200 mcg	100%
Vitamin A	133 mcg	2000%
Iodine	50 mcg	33,3%
Vitamin K	30 mcg	40%
Selenium	25 mcg	45,5%
Chromium	25 mcg	62,5%
Molybdenum	25 mcg	55,6%
Biotin	15 mcg	30%
Vitamin B12	1 mcg	40%

**Reference intake of an average adult (8400 KJ/2000 kcal)*



Ingredients:

Retinyl acetate, Ascorbic Acid, Cholecalciferol 100,000iu/g, Phylloquinone, DL alpha tocopheryl acetate, Thiamine mononitrate, Riboflavin, Nicotinamide, Pantothenic Acid, Pyridoxine chloride, Folic acid, Cyanocobalamin, Biotin, Calcium phosphate, Magnesium oxide, Potassium iodide, Iron fumarate, Sodium selenite, Zinc oxide, Cupric sulphate, Manganese sulphate, Chromium chloride Sodium molybdate, Microcrystalline cellulose, CMS- Na, Magnesium stearate.

Allergen information:

This product may contain traces of **gluten, milk, soy, and egg**.

Recommended use:

Take 1 tablet per day, preferably just after breakfast.

Warning:

A dietary supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dosage. Not suitable for children. Pregnant women should consult a specialist before using this product.

Storage instructions:

Close the jar tightly after use. Store in a cool, dark, dry place and out of reach of children. Limited shelf life after opening. Batch code / best before: see bottom of packaging.

