

Serving size: 40 grams (1 scoop)

Servings per container: 25

Contents per container: 1000 grams

Product specificationProtein Pancakes - Naturel

Product description

High protein pancake mix.

Ingredients:

Whole Grain Oat Flour (**gluten**), Wheat Flour (**gluten**), **Egg** Powder, Wheat Protein (**gluten**), Whey Protein Concentrate (**milk**), Leavening Agent: Disodium Diphosphate, Leavening Agent: Sodium Bicarbonate, Flavoring, Sweetener: Sucralose, Emulsifier: Lecithin.

Allergen information:

This product contains: **Cereals** containing **gluten**. **Eggs** and **egg**-based products. **Milk** and **milk**-based products. And may contain traces of: **Fish** and **fish**-based products. **Peanuts** and **peanut**-based products. **Soy** and **soy**-based products.

Recommended use:

Mix 1 serving of 40 grams (1 scoop) with 100 ml of water or milk. Use a shaker or blender for mixing. Cook the pancake in a hot pan with oil or butter.

Storage instructions:

Close the jar tightly after use. Store in a cool, dark, dry place and out of reach of children. Limited shelf life after opening. Batch code / best before: see bottom of packaging.



| Nutritional Value: | Per 100 grams: | Per serving of 40 grams: |
|---------------------|----------------|--------------------------|
| Energy value (kJ) | 1616 kJ | 646 kJ |
| Energy value (kcal) | 386 kcal | 154 kcal |
| Fats | 10 g | 4.0 g |
| Of which saturates | 2.7 g | 1.1 g |
| Carbohydrates | 49 g | 19 g |
| Of which sugars | 0.9 g | 0.4 g |
| Dietary fiber | 6.9 g | 2.7 g |
| Proteins | 21 g | 8.6 g |
| Salt | 0.58 g | 0.23 g |

