



Serving size: 1 tablet

Servings per container: 60

Contents per container: 60 tablets

Product specification

Vitamin B Complex

Food supplement

Composition:	Per tablet:
Vitamin B3	32 mg
Vitamin B5	12 mg
Vitamin B2	2,8 mg
Vitamin B6	2,8 mg
Vitamin B1	2,2 mg
Vitamin B11	200 mcg
Vitamin B12	2,5 mcg

Ingredients:

Thiamine HCl, Riboflavine, Nicotinamide, Calcium Panthothenate, Pyridoxine HCl, Folic acid, Cyanocobalamide 1%, Microcrystalline cellulose, Magnesium stearate, Silicon dioxide, HPMC.

Allergen information:

This product may contain traces of **gluten**, **milk**, **soy**, and **egg**.

Recommended use:

Take 1 tablet once a day with sufficient water.

Warning:

A dietary supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dosage. Not suitable for children.

Pregnant women should consult a specialist before using this product.

Storage instructions:

Close the jar tightly after use. Store in a cool, dark, dry place and out of reach of children. Limited shelf life after opening. Batch code / best before: see bottom of packaging.

