

Serving size: 30 grams (1 scoop) Servings per container: 33 / 66 Contents per container: 1000 & 2000 grams

Product specification

Whey Concentrate - Cookies & Cream

Product description Food supplement:

Protein shake made from plant-based and animal ingredients with cookies & cream flavor.

Ingredients:

Whey Protein Concentrate (**milk**), Whey Protein Isolate (**milk**), Alkalized Low-fat Cocoa Powder, Flavoring, Cocoa Powder, Thickener: Xanthan Gum, Emulsifier: Lecithin, Sweetener: Sucralose.

Allergen information:

This product contains: **Milk** and **milk**-based products. And may contain traces of: **Cereals** containing **gluten**. **Eggs** and **egg**-based products. **Fish** and **fish**-based products. **Peanuts** and **peanut**-based products. **Soy** and **soy**-based products

Recommended use:

Mix 30 grams (1 scoop) with 200 - 300 ml of water or milk. Take up to 3 protein shakes per day, with 1 shake immediately after training for optimal muscle recovery.

Warning:

A dietary supplement should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dosage. Not suitable for children. Pregnant women should consult a specialist before using this product. This product contains sweeteners.

Storage instructions:

Close the jar tightly after use. Store in a cool, dark, dry place and out of reach of children. Limited shelf life after opening. Batch code / best before: see bottom of packaging.



Nutritional Value:	Per 100 grams:	Per serving of 30 grams:
Energy value (kJ)	1619 kJ	486 kJ
Energy value (kcal)	383 kcal	115 kcal
Fats	5.8 g	1.7 g
Of which saturates	2.6 g	0.8 g
Carbohydrates	5.0 g	1.5 g
Of which sugars	4.5 g	1.4 g
Dietary fiber	1.2 g	0.4 g
Proteins	80 g	24 g
Salt	0.49 g	0.15 g

