

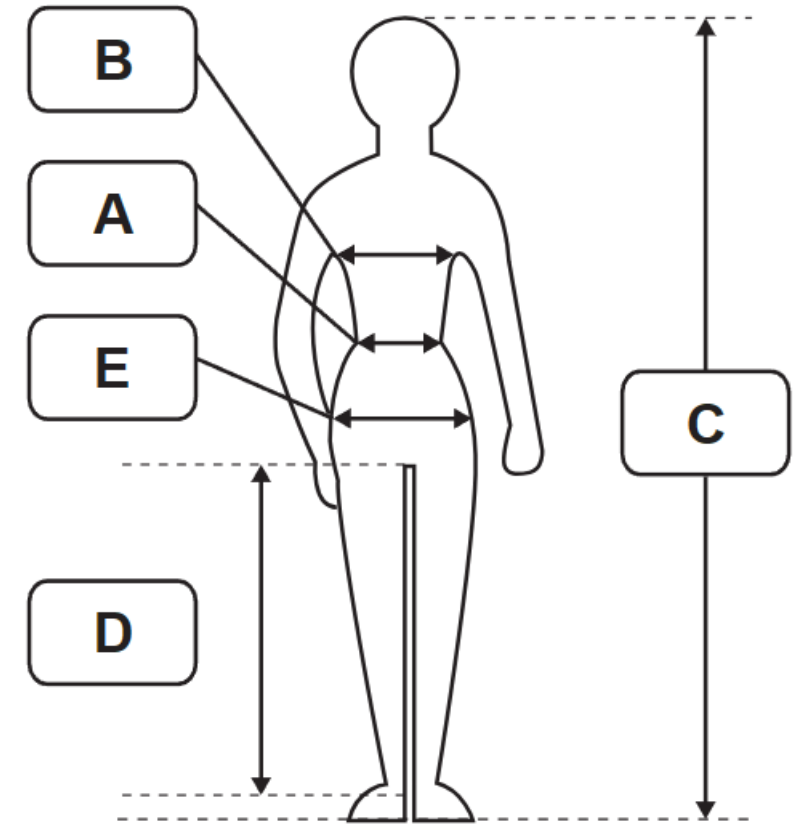
How to choose the right size?

1. Take your body measurements according to the picture

- **A = Waist:** Horizontal measurement around the waist.
- **B = Chest:** Horizontal measurement under the arms, around the widest part of the chest.
- **C = Total body length:** Measurement from top of the head till the ground, to be measured without shoes.
- **D = Inseam leg length:** Measurement from the crotch of the trousers till the ground, to be measured without shoes.
- **E = Hips:** Horizontal measurement around the hips.

2. All measurements in the table are body measurements. We recommend that measurements are taken while wearing light clothing, do not measure too tight.

3. Find the correct size that corresponds with the body measurements in the table.



Multinorm workwear — jackets for Men

B: Chest (cm)	C: Length (cm)	EUR	FR	DE+NL	UK	UK (inches)
86-90	172-176	44	40	42	S	34
90-94	174-178	46	42	44		36
94-98	176-180	48	44	46	M	38
98-102	172-182	50	46	48		40
102-106	180-184	52	48	50	L	41
106-110	182-186	54	50	52		42
110-114	184-188	56	52	54	XL	44
114-118	186-190	58	54	56		46
118-123	188-192	60	56	58	2XL	48
123-129	190-194	62	58	60		50
129-135	192-196	64	60	62	3XL	52

Multinorm workwear — jackets for Women

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	Size
66-70	70-74	156-160	30
70-74	74-78	156-160	32
74-78	78-87	156-160	34
78-82	82-86	160-164	36
82-86	86-90	160-164	38
86-90	90-94	164-168	40
90-94	94-98	164-168	42
97-98	98-102	168-172	44
98-102	102-106	168-172	46
102-106	106-110	172-176	48
106-110	110-114	172-176	50
110-114	114-118	172-176	52
114-118	118-123	176-180	54
118-123	123-129	176-180	56
123-129	129-135	180-184	58
129-135	135-141	180-184	60
135-141	141-147	184-188	62
141-147	147-153	184-188	64

Trousers, bib & brace and coveralls — length: Regular (R)

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	EUR	FR	UK (chest)	UK (waist)	DE	NL
74-78	86-90	172-176	79	44R	38R	34R	30R	42	42R
78-82	90-94	174-178	80	46R	40R	36R	32R	44	44R
82-86	94-98	176-180	81	48R	42R	38R	33R	46	46R
86-90	98-102	178-182	82	50R	44R	40R	34R	48	48R
90-94	102-106	180-184	83	52R	46R	41R	36R	50	50R
94-98	106-110	182-186	84	54R	48R	42R	38R	52	52R
98-102	110-114	184-188	85	56R	50R	44R	40R	54	54R
102-106	114-118	186-190	86	58R	52R	46R	42R	56	56R
106-110	118-123	188-192	87	60R	54R	48R	44R	58	58R
110-114	123-129	190-194	88	62R	56R	50R	46R	60	60R
114-118	129-135	192-196	89	64R	58R	52R	48R	62	62R

Trousers, bib & brace and coveralls — length: Short (S)

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	EUR	FR	UK (chest)	UK (waist)	DE	NL
82-86	94-98	168-172	77	48S	42S	38S	33S	23	46S
86-90	98-102	170-174	78	50S	44S	40S	34S	24	48S
90-94	102-106	172-176	79	52S	46S	41S	36S	25	50S
94-98	106-110	174-178	80	54S	48S	42S	38S	26	52S
98-102	110-114	176-180	81	56S	50S	44S	40S	27	54S
102-106	114-118	178-182	82	58S	52S	46S	42S	28	56S

Trousers, bib & brace and coveralls — length: Long (L)

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	EUR	FR	UK (chest)	UK (waist)	DE	NL
78-82	90-94	186-190	86	46L	40L	36L	32L	90	44L
82-86	94-98	188-192	87	48L	42L	38L	33L	94	46L
86-90	98-102	190-194	88	50L	44L	40L	34L	98	48L
90-94	102-106	192-196	89	52L	46L	41L	36L	102	50L
94-98	106-110	194-198	90	54L	48L	42L	38L	106	52L
98-102	110-114	196-200	91	56L	50L	44L	40L	110	54L

Trousers for Women

A: Waist (cm)	B: Chest (cm)	C: Total body length (cm)	D: Inseam leg length (cm)	Size
66-70	70-74	156-160	80,5	30
70-74	74-78	156-160	80,5	32
74-78	78-87	156-160	80,5	34
78-82	82-86	160-164	80,5	36
82-86	86-90	160-164	80,5	38
86-90	90-94	164-168	80,5	40
90-94	94-98	164-168	80,5	42
97-98	98-102	168-172	80,5	44
98-102	102-106	168-172	80,5	46
102-106	106-110	172-176	80,5	48
106-110	110-114	172-176	80,5	50
110-114	114-118	172-176	80,5	52
114-118	118-123	176-180	80,5	54
118-123	123-129	176-180	80,5	56
123-129	129-135	180-184	80,5	58
129-135	135-141	180-184	80,5	60
135-141	141-147	184-188	80,5	62
141-147	147-153	184-188	80,5	64