



# SIZE CHART

## PROTECTIVE GEAR

		100 - 110 cm	110-128 cm	128 -140 cm	140 - 155 cm	155 - 170 cm	170 -180 cm	> 180 cm
		39" - 43" in	43"-50" in	50" - 55" in	50" - 61" in	61" - 67" in	67" - 71 in	> 71" in
	< 25 Kg	XXXS						
	25 -50 kg		XXS	XS				
	50-60 kg / 110 -132 lb			S	S	M	L	
	60-70 kg / 132 -155 lb			S	M	L	XL	
	70-80 kg / 155-177 lb			M	M	L	XL	
	80-90 kg / 177-197 lb			M	L	XL	XL	
90-100 kg / 197-221 lb			L	XL	XL	XL		

ELBOW PADS	KNEE PADS	WRISTGUARD
<b>A</b> = Measure the circumference above <b>13 cm / 5" elbow center.</b> <b>B</b> = Measure the circumference above <b>10 cm / 4" elbow center.</b>	<b>A</b> = Measure the circumference above <b>10 cm/4" knee center.</b> <b>B</b> = Measure the circumference below <b>10 cm/4" knee center.</b>	<b>A</b> = Measure the circumference from the <b>center of hand.</b> <b>B</b> = Measure the circumference from the <b>center of wrist.</b>

	body mass	Circumference	Elbow		Knee		Wrist	
XXXS	< 25 kg / < 55 lb	A	17 - 22 cm	6,5" - 8,5"	21 - 25 cm	8,25" - 10"	12 - 13,5 cm	4,75" - 5,25"
		B	16 - 19 cm	6" - 7,5"	19 - 22 cm	7,5" - 8,5"	10 - 13 cm	4" - 5,25"
XXS	25-50 kg / 55-110 lb	A	19 - 23 cm	7,5" - 9"	23 - 28 cm	9" - 11"	13,5 - 15 cm	5,25" - 6"
		B	18 - 20 cm	7" - 8"	20 - 24 cm	8" - 9,5"	12,5 - 14 cm	5" - 5,5"
XS	25-50 kg / 55-110 lb	A	23 - 28 cm	9" - 11"	26 - 29 cm	10" - 11,5"	15 -17 cm	6" - 6,75"
		B	20 - 22 cm	8" - 8,5"	22 - 26 cm	8,5" - 10,5"	13 - 15 cm	5,25" - 6"
S	> 50 kg / > 110 lb	A	24 - 28 cm	9,5" - 11"	30 -36 cm	12" - 14"	17 - 19,5 cm	6,75" - 7,75"
		B	22 - 25 cm	8,5" - 10"	23 - 28 cm	9" - 11"	14 - 19 cm	5,5" - 7,5"
M	> 50 kg / > 110 lb	A	27 - 30 cm	10,5" - 12"	38 - 43 cm	15" - 17"	19,5 - 21,5 cm	7,75" - 8,5"
		B	24 - 28 cm	9,5" - 11"	28 -33 cm	11" - 13"	16,5 - 20 cm	6,5" - 8"
L	> 50 kg / > 110 lb	A	29 - 33 cm	11,5" - 13"	45 - 51 cm	17,75" - 20"	21,5 -23 cm	8,5" - 9"
		B	27 - 30 cm	10,5" - 12"	36 - 41 cm	14" - 16"	19 -22 cm	7,5" - 8,5"
XL	> 50 kg / > 110 lb	A	33 -38 cm	21" - 23"	51 - 58 cm	20" - 23"	23 - 26 cm	6" - 6,75"
		B	29 - 33 cm	11,5"-13"	43 - 48 cm	17" - 19"	21 - 24 cm	8,25" - 9,5"